# Harrow Nature Conservation Forum's Health and Safety policy

Wardens are responsible for the health and safety of volunteers and visitors attending events organized by the Forum on our sites. To aid them in this task the Forum provides generic risk assessments and safety plans. These are available on line at <a href="http://www.harrowncf.org/HNCF\_Health\_and\_Safety\_Policy.pdf">http://www.harrowncf.org/HNCF\_Health\_and\_Safety\_Policy.pdf</a> while wardens have been provided with printed copies. Wardens should use generic risk assessments as a basis on which to generate specific risk assessments and safety plans for individual sites and specific dates. Wardens are then responsible for making sure that volunteers and visitors are aware of the risks and the practices to be observed to minimize these. However, this task should not be timeconsuming given that:

- Any site-specific modification of the risk assessments and safety plans is likely to be valid for a maintained period. Wardens
  should simply note that the completed risk assessment and safety plan is valid until further notice. However, they should
  regularly review the risk assessment and safety plan to confirm to themselves that no change is necessary.
- Most volunteers are known to our wardens and return to workdays repeatedly. Wardens need only once confirm that
  volunteers are familiar with, and follow, the protocols laid out in the risk assessments and safety plans. However, they should
  keep an eye on volunteers to confirm that they are continuing to observe good practise, and instruct volunteers in safe practise
  when beginning a task to them.

Approved by the Forum on 28th June 2021

Signed

Stephen Bolsover, chairman

Date of next review: 28th June 2023

Note: to accommodate Riverfly Partnership material, insert page numbers in PDF, not in Word document

# HARROW NATURE CONSERVATION FORUM

# **GENERIC RISK ASSESSMENTS**

In general these consist of a **risk assessment** as a table listing hazard, risk level and precautions for a series of risks, followed by a set of **safety notes** that describe how the supervisor should organize the event.

For some activities the document that I generated in May 2014 does not have a set of safety notes, I guess because I thought that the "Precautions" component of the risk assessment covered the points adequately. However it would probably be good to try and conform to the standard style of risk assessment and safety notes for all activities.

Assessment	Activity	Page
number		
1	General safety on site for conservation activities	4
2	Use of volunteers aged 16-17 years	8
3	Children aged under 16 years at working parties	10
4	Collecting and returning tools to store at Stanmore Common	11
5	Tree felling and scrub cutting (not including power tools)	12
6	Chainsaw use	15
7	Pollarding (not using power tools)	18
8	Use of ladders	20
9	Tree climbing	22
10	Use of strimmers	23
11	Use of D R Trimmers and other enclosed trimming systems	25
12	Use of brush cutters	27
13	Use of petrol driven hedge trimmers	30
14	Tree and other planting	32
15	Hedgelaying	34
16	Fencing	36
17	Construction of footpath furniture	38
18	Footpath drainage	39
19	Clearance of ponds, rivers and streams	40
20	Work in grassland and heathland	43
21	Fires on site	45
22	Safety with wild animals and livestock	46
23	Guided walks	47
24	Manning stands at shows	48
25	Pond dipping with children	50
26	Use of Wood Farm visitor centre	51
27	Outdoor workshops for children	54
28	Litter clearance	56
29	Use of weed slashers	58
30	Removing saplings with tree poppers and garden forks	60
31	Riverfly monitoring	62

# HARROW NATURE CONSERVATION FORUM

# **GENERIC RISK ASSESSMENTS**

These risk assessments and safety plans are based on those of the London Wildlife Trust which are in turn based on those of the British Trust for Conservation Volunteers. However, the Harrow Nature Conservation Forum takes full responsibility for these generic assessments.

In the risk assessments below "Risk level" means the potential for harm were the risk not to be controlled. The risk level for each hazard can be assessed as either high, medium or low.

#### HIGH

Causing death or major life threatening injury e.g. loss of limb, major fractures, penetrating eye injury, exposure or hypothermia. Note that death or serious injury must be reported to the Harrow Council as the regulating authority under the terms of Regulation 3 of The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1985. <u>Hazard examples</u>

Work on exposed sites, use of scrub cutters, power mowers, chain saws, working in boats, working at heights over 2m or in confined spaces.

#### **MEDIUM**

Causing major non-life threatening injury e.g. fractures, dislocations, cuts/burns needing medical treatment <u>Hazard examples</u>

Hand tool maintenance and use e.g. bill hooks, slashers, small tree felling and scrub clearance using hand tools, hedge laying, fires, bio-hazards eg leptospirosis, Lymes disease

#### LOW

Causing minor injury such as cuts, bruises, sprains, minor burns etc Hazard examples

Tree planting, trips, use of small or blunt edged hand tools e.g. spades, hammers.

# ADEQUATE PRECAUTIONS - A SAFETY PLAN

Protection from harm entails

Eliminating or avoiding the hazard Lessening the likelihood of harm occurring Reducing the severity of harm

Adequate precautions must therefore meet one or more of these criteria, removing significant hazards or lowering the level of risk shown on the Risk Assessment Record form.

It can be helpful to translate the listed precautions into a safety plan which categorises the types of safety measures required. The safety plan must complement not replace the risk assessment.

The categories for the safety plan are as follows:

Restrictions actions, places or items that are not allowed

Preventative Measures positive action to lessen the risk

Personal Protective Equipment clothing, goggles, masks, ear muffs etc

Training to learn safer working methods and practices

Monitoring of the risks and hazard

to ensure safety measures are effective of occupational health factors e.g. stress, repetitive strain, back and limb problems

Information relevant information about hazards, precautions etc

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
1. GENERAL SAFETY ON SITE FOR CONSERVATION ACTIVITIES	STEPHEN BOLSOVER		24 <sup>th</sup> March 2019
HAZARD		RISK	PRECAUTIONS
potential for harm		LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.
Inclement weather: Sun, Cold, Wet,  Uneven ground and obstacles on gro		L M	Avoid exposing skin for extended periods to even seemingly overcast sun and on bright days use high factor sunblock. Do not visit site unprepared for possible downpours or great heat/cold or strong sunshine. Stop work if people are clearly ill attired for conditions, in discomfort or weather is significantly raising the risks.  Many of our sites have uneven ground and fallen tree limbs on the ground. These can be a trip hazard and a fall could cause injury especially to old or infirm people. The warden or other volunteer in charge of the activity will usually be familiar with the site, but if they are not they should inspect the site for hazards before the planned activity, pointing out and if necessary marking these. At the start of an activity the warden or other volunteer in charge will judge the membership of the group and warn as necessary; in an extreme case (such as a elderly person turning up for a guided walk whose planned route was through uneven ground) the activity will be modified to reflect the abilities of the membership of the party. At all working parties, the site and tools should be kept tidy. Participants at working parties should wear sturdy
Underground services: Electricity/G	ras/Water	Н	footwear with a firm ground grip. Wardens should be aware of the location of any underground services on their sites. If any digging or other ground penetration is planned near the services then Harrow Council and the relevant utility companies must be consulted. The meaning of "near" in this context depends on how accurately the position of the utility is known: if its position is known precisely, then any ground more than 20m away can be considered distant. However, if there is a greater degree of uncertainly, then the region considered to be near the utility increases accordingly.
Manual handling, lifting and back st	train	L	Have materials/tools delivered to site, or as close to site as possible. Use wheelbarrows to transport materials/tools. Use tool bags to carry small tools. Plan in advance any unavoidable lifting/carrying of heavy items. Check whether volunteers are familiar with the techniques of safe lifting, carrying, digging and work techniques using arms/legs rather than the back to exert force and instruct any volunteers who are not familiar with these techniques. Don't rush and take regular breaks. Monitor activity and state of participants to prevent

Operating hand tools	М	individuals being in prolonged single activity i.e. digging, lifting etc or getting dangerously tired. Volunteers must know how to use each type of tool correctly and safely. Instruct any who are not. Inspect all tools before use for loose handles, damage and bluntness. Faulty tools should not be used but marked for repair/disposal. Ensure stout footwear is worn. Ensure nobody wears gloves on the hand holding the tool as this weakens the grip. Ensure adequate working distances are maintained.
Chemical hazards and treated timber	L	When using chemicals appropriate protective clothing must be worn, open wounds must be covered and hands must be washed straight after work and before eating, drinking or smoking. Wear gloves when handling timber and use pre-treated timber whenever possible. Follow instructions supplied with timber and other materials: this may require, during drilling or sawing, the operator to wear gloves and may require the operator and those nearby to wear respiratory marks. Do not burn treated waste but plan safe disposal. Any hazardous substances in use or likely to be encountered must
Tetanus	M	be considered according to COSHH procedures. This disease may not be very common but can have severe effects, in rarer cases death. If earth gets into cuts, open wounds or sores tetanus can be contracted. All participants should have had antitetanus injections. (A full course lasts 10 years. Ask if any of the team have not had injections and stress importance of getting these, particularly if the skin is broken/cut). Clean all cuts etc., immediately with clean water or a wet wipe and cover adequately.
Leptospirosis	M	This disease may not be very common but can have severe effects, in rarer cases death. If water contaminated with rats or cows urine gets into cuts, open wounds or sores the Weills or Hardjo varieties of Leptospirosis can result. All workers in areas likely to be soiled by rat/cow urine, eg. urban stream banks/ farms should avoid water contact and wash thoroughly as soon as possible after visiting the site. They must not eat, drink or smoke until they have washed.
Lyme disease from ticks	M	The risk of contracting Lyme disease from ticks on our reserves is low. Nevertheless visitors and workers on the sites should always be aware of the possibility of ticks when back home after time on a reserve: ticks prefer warm, moist places on the body, especially the groin area, waist, arm pits, behind the knee and along hair lines, so look out for anything as tiny as a freckle or a speck of dirt. In particular note unusual rashes since a characteristic expanding rash, <i>erythema migrans</i> , follows most but not all cases of tick bite. If a tick is detected, either while on site or afterwards, it can be removed with tick tweezers - all HNCF first aid kits should include one.
		history of tick bites / working in nature reserves, raising the possibility of Lyme disease.

	1	T
		When working in areas where the risk of ticks is especially high - grassland areas where deer are
		known to be present - wear long trousers and long
		socks.
Bee/wasp stings	L	Check if any member of work team has allergy to
		stings. Inspect vegetation before cutting or
		removing for presence of bee or wasp nests. Ensure foodstuffs are kept in sealed containers to limit
		attractiveness to wasps.
Personal attack	L	General advice is to leave no-one isolated on site.
		During guided walks and other activities this will
		be the case. During working parties it may be
		appropriate for some volunteers to work alone; if
		they are confident doing so and know the site's
		geography this is fine. However, people working alone should only perform tasks of low risk ("L" in
		the central column").
Falling trees or tree limbs	L	The woods on our reserves contain old and veteran
		trees with limbs that may fall unexpectedly injuring
		those underneath. These trees enhance the
		biodiversity and attractiveness of the sites and we
		will preserve them as is unless they pose a
		significant danger. Experienced members of volunteer working parties will recognize dangerous
		trees and tree limbs and avoid walking or working
		underneath them. Nevertheless when we work in
		areas with old trees the volunteers will be warned
		to keep a look out for potential problems. When
		new volunteers who have not worked with us
		before join a working party the warden or other volunteer in charge of the working party will
		survey the site beforehand and mark dangerous tree
		limbs with warning tape. In the safety talk at the
		start of the working party volunteers will be told
		not to walk or work under marked trees, and to
		keep a look out for other potential dangerous tree
		limbs.

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

# APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
1. GENERAL SAFETY ON SITE FOR CONSERVATION ACTIVITIES	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

Do not begin any work on site unless fully stocked first aid kits are readily available. Do not use faulty tools. Do not unload/load passengers or materials from vehicles in the path of traffic, cordon off if necessary. Do not allow to participate in work or to drive anyone under the influence of drink or mind-altering drugs.

#### PREVENTATIVE MEASURES

Keep the site and in particular tools safe and tidy. When working in water or using chemicals or treated timbers, open wounds should be covered and hands must be washed before smoking, drinking or eating.

# PERSONAL PROTECTIVE EQUIPMENT

When using chemicals appropriate protective clothing must be worn. Wear gloves when handling timber or handling sharp or abrasive materials. Follow instructions supplied with timber and other materials: this may require, during drilling or sawing, the operator to wear gloves and may require the operator and those nearby to wear respiratory marks.

#### TRAINING

Wardens must confirm that volunteers are familiar with, and follow, the protocols laid out in the risk assessments and safety plans. This will require instruction the first time a tool or procedure is performed by the volunteer. At succeeding working parties wardens should keep an eye on volunteers to confirm that they are continuing to observe good practise.

# **MONITORING**

Anticipate and monitor weather conditions and don't go on site unprepared if downpours, strong sunshine, freezing cold etc, are possible. Inspect the site for hazards, pointing out or marking these as appropriate to warn participants and/or the public. Include in this hazards resulting from your work like uneven surfaces, falling timber, debris. Regularly inspect equipment and check its condition before each use. Ask if all have had Tetanus injections in the last decade; ensure all cuts have waterproof dressing and if soil/pondwater etc, touches skin emphasize to volunteers thet they must wash thoroughly on returning home and before any food or drink is consumed.

Warn everyone of the dangers of Lyme disease. Advise them to check for ticks when they get home and to raise the possibility of Lyme disease with their GP if they fall ill in the days after the event.

#### INFORMATION

Keep this Safety Plan, its associated Risk Assessment Record and those for the intended task(s) on site and inform all they are there for them to be read and assimilated. Inform all who the first aiders are, where the first aid kit is and the location of the nearest phone. If appropriate erect safety signs to warn passers by of hazard areas.

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
2. USE OF VOLUNTEERS AGED 16-17 YEARS STEPHEN BOIL		LSOVER	11 <sup>th</sup> May 2016
HAZARD potential for harm		RISK LEVEL	PRECAUTIONS to remove hazard or reduce risk level. One precaution may tackle several hazards.
There are no additional hazards for volunteers, rather, they may be less the safety procedures explained to may be prone to act foolishly or using dangerous equipment.	s likely to follow the group and	M	Volunteers in this age group should never be left working out of view of the warden. Unless circumstances make this impossible, each volunteer in the 16-17 year age group should work in a group with two or more adults, that is, adults should always outnumber 16-17 year olds. In the event that the only volunteers in a working party are 16-17 year olds, the warden should supervise them very closely, essentially doing no work themselves but simply supervising the volunteers.

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

#### APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
2. VOLUNTEERS AGED 16-17 YEARS	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

Volunteers in this age group should never be left working out of view of the warden.

#### PREVENTATIVE MEASURES

#### PERSONAL PROTECTIVE EQUIPMENT

#### **TRAINING**

#### **MONITORING**

As noted above, volunteers in this age group should never be left working out of view of the warden, who should be even more observant for possible deviations from safe operating procedures than when supervising a group of adults.

#### INFORMATION

From "Who is allowed to volunteer" from "VolunteerEngland", dated October 2008 (Volunteering England Information Service Email: Information@volunteeringengland.org Freephone Information Line: 0800 028 3304)

People under the age of 18 are legally classed as vulnerable and organisations should take this into account when involving them as volunteers\*. But, people over the age of 16 are free to undertake paid work, so your child protection measures should be stronger for the pre-16 age group and could arguably be less rigid for post-16s.

A risk assessment needs to be made, in order to decide whether placing a young person in a volunteer role would put them, or the people with whom they were working, at risk. However, by adhering to some basic principles most organisations can involve young people in their work:

- Young people should not be left unattended
- It is safer if young volunteers are supervised by two or more adults
- Any potentially dangerous activity should have constant adult supervision.

It is a very good idea to obtain parental/guardian consent for volunteers under 16. When giving a consent form to a volunteer, also consider providing a volunteer role description and publicity leaflets for your organisation. This would help to ensure that the volunteer's parent/guardian understands what your organisation does, what the young person will be doing, when and where they will be working and consents to this. If the volunteer will be working away from the premises where they normally volunteer, then additional permission should be sought.

Parental responsibility extends to the age of 18, unless the person marries or is adopted before that age. In view of the fact that young people can seek paid employment from the age of 16, it may not be appropriate to obtain parental/guardian consent for volunteering at this age. Instead, volunteer co-ordinators could strongly encourage volunteers in this age group to discuss their activities with their parents or guardians and highlight that they can be a good source of support.

# Further information

The Children's Legal Centre (CLC) Advice Line: 0845 120 2948

CLC "frequently asked question" and answer on parental responsibility:

http://www.childrenslegalcentre.com/Legal+Advice/Child+law/ParentalResponsibility/Whendoesparentalresponsibilityterminate.htm

Volunteering England Good Practice Bank Includes a section on "Youth volunteering" http://www.volunteering.org.uk/goodpractice

\*John Hollingdale wrote on 24<sup>th</sup> November 2009 "It seems clear from this afternoon's seminar that unless one of us has regular contact (at least once a month) with a vulnerable adult or a child then we do not have to register with this new body, the Independent Safeguarding Authority (ISA)." Only Stanmore Common has working parties or other events at this frequency. In the unlikely event that a young person aged 16 or 17 attends three monthly working parties or other events in a row we should act to make sure this cannot be considered as falling within the remit of the ISA legislation by varying the warden who leads the working parties.

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
3. CHILDREN AGED UNDER 16 YEARS AT WORKING PARTIES	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

Children under 16 years of age are allowed on working parties only if accompanied by a parent or person acting *in loco parentis*. It must be made clear to the accompanying adult that the children remain their responsibility.

# PREVENTATIVE MEASURES

# PERSONAL PROTECTIVE EQUIPMENT

# **TRAINING**

# **MONITORING**

At the start of the working party, when the safe procedures for working and the safe use of tools is explained, the warden should check that any adults accompanying children are paying attention and can therefore be reasonably expected to supervise and control the activity of the children, deciding which equipment is safe for each child to use.

# INFORMATION

This page is *not* a risk assessment. The Forum does not take responsibility for the safety of children under 16 years old at its working parties, this remains the responsibility of the accompanying adult.

This risk assessment is unlikely to require day to day local review. However if any day or event specific qualifications are necessary, add them in the space provided.

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
4. COLLECTING AND RETURNING TOOLS TO STORE AT STANMORE COMMON	STEPHEN BOLSOVER		11 <sup>th</sup> May 2016
HAZARD	RISK	PRECAUTIO	
potential for harm	LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.	
Trip hazard at entrance	L	slippery and been shown the must be caref	formed by a wooden palette, is broken in places. All wardens have the entrance and are aware that they ful while unlocking the door and while returning tools.
Falling objects	L	Do not store sharp edged or sharp pointed tools propped up against the wall but rather leave them lying down, blade towards the wall. Other tools with heavy, potentially damaging ends (spades, forks, rakes etc.) should be lent against the wall with the heavy end on the floor; in the case of rakes, the tines should point in towards the wall.	
RISKS AND PRECAUTIONS SPECIFIC TO	THE DAY		
ASSESSOR			
ASSESSMENT DATE			
APPLICABLE DATES (This is likely either to be one specific day, or "until further notice".)			

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
5. TREE FELLING, CROSSCUTTING AND DEBRANCHING, AND SCRUB CUTTING	STEPHEN BOLSOVER	24 <sup>th</sup> May 2017

For this activity a tree is defined as a woody plant over 2m tall with a diameter of 75 mm or more at breast height. As a quick rule of thumb, if the main stem can be cut with loppers the plant is a sapling, not a tree. We follow www.woodlands.co.uk in defining a small tree as one of diameter 18" (45 cm) or less.

We are often called upon to debranch, crosscut and otherwise clear up trees that have already fallen. All the restrictions and precautions herein apply equally to fallen trees as to standing trees felled by volunteers.

HAZARI	)	RISK	PRECAUTIONS
		LEVEL	to remove hazard or reduce risk level. One
potential for l	narm		precaution may tackle several hazards.
Falling trees and fl	ying wood	M	Only small trees (up to 38cm diameter) may be felled by HNCF volunteers. Crosscutting is limited to trunks up to 38 cm in diameter. All workers to be briefed on safe practices. Wear hard hats when felling trees and make all aware of danger from deadwood in the canopy loosened by falling tree. Protect public by placing warning notices on all access routes and have one or more members of the party act as a lookout in case these signs are ignored or bypassed. Cease work in high winds.
Injury to bysta	nders	М	When felling a tree all bystanders should be a distance away from the tree of five metres or twice the height of the tree, whichever is greater. When snedding a felled tree or cutting branches from a standing tree bystanders should be at a safe distance, at least 5 metres and more if the branch is large and might put them at risk if it moved or twisted in an unexpected way when cut.
Causing traffic accidents and on roads		L	No trees are to be felled within a distance twice the height of the tree from a public highway. No snedding of felled trees or cutting branches from a standing tree within 5m or two branch lengths of a public highway, whichever is the greater.
Trip hazar	ds	L	Assess area before working and remind volunteers to be aware.
Electrocution by ove	rhead cables	Н	Identify overhead cables on the first visit to the site and avoid working within distance from them of twice height of tallest tree. If unsure liaise with the local electricity authority.
Chemical treatment	t of stumps	L	Chemicals are to be used only by volunteers who hold current PA1 pesticide certificates. COSHH procedure and any guidance on the product are to be followed.

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

# ASSESSOR

# ASSESSMENT DATE

# APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
5. TREE FELLING AND SCRUB CUTTING	STEPHEN BOLSOVER	24 <sup>th</sup> May 2017

For this activity a tree is defined as a woody plant over 2m tall with a diameter of 7.5 cm or more at breast height. As a quick rule of thumb, if the main stem can be cut with loppers the plant is a sapling, not a tree.

#### RESTRICTIONS

Only small trees (up to 38 cm diameter) may be felled by HNCF volunteers. Crosscutting is limited to trunks up to 38 cm in diameter. Felling, crosscutting, branch removal and all other steps in clearing up a felled or fallen tree must be by hand tools only unless the volunteer holds a current NPTC chainsaw certificate and is registered as a chainsaw user with our insurer (see activity 6 below).

No work in high winds. Appoint lookouts able to warn members of the public and halt work if the public approach too close. Any chemical treatment of stumps must be carried out by a volunteer with a current PA1 pesticide certificate and must comply with COSHH procedures.

# PREVENTATIVE MEASURES

Avoid working within distance of twice height of tallest tree from overhead cables, but if this is unavoidable liaise prior with landowner/client and electricity company.

# PERSONAL PROTECTIVE EQUIPMENT

Hard hats must be worn when felling trees.

#### **TRAINING**

All work to be preceded by a safety and techniques talk. No felling by those who have not been fully briefed on safe practice.

# **MONITORING**

Inspect site before work for inherent hazards on the ground and for overhead cables, erecting warning signs and cordoning off as appropriate. Check that site is kept free of obstructions and waste is safely stored/ disposed of.

Maintain safe working distances between participants.

#### **INFORMATION**

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
6. CHAINSAW USE	STEPHEN BOLSOVER	24 <sup>th</sup> May 2017

Even in professional hands, chainsaws are extremely dangerous. As well as identifying and guarding against specific risks, the equipment needs to be rigorously maintained in line with the manufacturers guidelines.

In addition to the risk assessment and safety notes specific to chainsaw use the risk assessment and safety notes for tree felling additionally apply when a chain saw is used for tree felling.

HAZARD	RISK	PRECAUTIONS
	LEVEL	to remove hazard or reduce risk level. One
potential for harm		precaution may tackle several hazards.
Contact of a running chainsaw with	Н	Workers must have a current NPTC chainsaw
unprotected flesh – and this includes flesh		certificate and be registered as a chainsaw user
covered by even multiple layers of conventional		with our insurer. Of the Forum members only Josh
clothing – will cause serious, traumatic injury.		Kalms, Martin Fairley, Miles Robertson and Jason
, , ,		Shorrock have such a qualification at present
		(March 2023).
		(**************************************
		Appropriate protective equipment must be worn. In
		all cases this means chain saw standard boots,
		trousers and hard hat with visor. Ear protectors
		must be worn when using a petrol chain saw and
		are recommended when using a battery machine.
		Chain saw standard gloves should be worn unless
		the operator assesses that their use would cause a
		greater risk than not wearing them - this would
		only apply on very hot days when gloves would
		become sweaty and slippery, compromising control
		of the machine.
		A chainsaw must never be held above shoulder
		height while cutting and should never be carried
		with the motor running.
		with the motor running.
		Fuel for petrol saws should be kept away from the
		felling area and in the shade. Fuel spills should be
		dealt with immediately. There must be no smoking
		within 20 metres of a fuel spill or while the chain
		saw is being refueled.
		<b>3</b>
		Chains must be changed and sharpened according
		to the manufacturers instructions.
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# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

**ASSESSOR** 

ASSESSMENT DATE

APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE		
6. CHAINSAW USE	STEPHEN BOLSOVER	24 <sup>th</sup> May 2017		

The operator should always be standing on the ground – use of chain saws in trees is not sanctioned by the Forum.

Loose brushwood should be cleared by hand, not with a chainsaw. At such times the chainsaw should be on the ground with the motor stopped.

#### PREVENTATIVE MEASURES

# PERSONAL PROTECTIVE EQUIPMENT

A first aid kit should be readily available.

Appropriate protective equipment must be worn. In all cases this means chain saw standard boots, trousers and hard hat with visor. Ear protectors must be worn when using a petrol chain saw and are recommended when using a battery machine. Chain saw standard gloves should be worn unless the operator assesses that their use would cause a greater risk than not wearing them - this would only apply on very hot days when gloves would become sweaty and slippery, compromising control of the machine. and the appropriate personal protective equipment worn (goggles/visor, ear defenders, helmet, protective trousers or leggings, suitable gloves, and boots with steel toecaps).

# TRAINING

Workers must have a current NPTC chainsaw certificate and be registered as a chainsaw user with our insurer. Of the Forum members only Josh Kalms, Martin Fairley, Miles Robertson and Jason Shorrock have such a qualification at present (March 2023).

# MONITORING INFORMATION

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
7. POLLARDING (NOT USING POWER TOOLS)	STEPHEN BOLSOVER		11 <sup>th</sup> May 2016
HAZARD		RISK	PRECAUTIONS
potential for harm		LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.
Falling from tree		Н	Do not climb up or about within the tree while pollarding. Rather, use a ladder securely attached to the tree and at base by a colleague or pegged down; refer to separate Generic Risk Assessment on ladder use.
Tree splitting		M	Delimb the tree evenly, keeping in mind the weight distribution. Saw a bottom cut first.
Branches falling from t	ree	М	Inspect tree thoroughly before cutting and wear a hard hat. Either cordon off a no-go zone beneath tree using suitable signs and hazard warning tape, or post a lookout at ground level to keep other workers and members of the public away. As necessary, secure branches with rope if they overhang a river or inaccessible area and to allow branches to be lowered safely.
Dropping tools		L	Check condition and grip of tool before use. Only take one tool up at a time. Keep other people away from base of tree.
Ladder breaking or moving		Н	Fully check placement and condition of ladder before use, especially if made of wood: all rungs sound and attached to stiles securely? Well footed and attached to tree?
Severe weather: strong wind or rain etc.		Н	Don't pollard in very windy conditions or when rain interferes with visibility or grip on tools or branches.

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

# ASSESSOR

# ASSESSMENT DATE

# APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE				
7. POLLARDING	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016				
I	RESTRICTIONS					
Restrict other people from entering site. Use a la	dder and don't climb into the tr	ree while pollarding. No chainsaws.				
No more than one person and a sin	ngle tool at a time up a tree. Al	ways wear hard hats.				
PREVE	NTATIVE MEASURES					
Used secured ladders. Check ladders before use	e for damage and good position	ning/footing. Keep participants 2 x				
length of boughs away. Use hand tools. Hazard w	varning signs to be used. Inspec	et tree thoroughly before working on				
it, removing/securing branches etc as necessary. Stop work if weather becomes severe.						
PERSONAL PROTECTIVE EQUIPMENT						
Hard hats, sturdy footwear with steel toe-caps if heavy materials are handled.						
TRAINING						
Untrained and inexperienced people should not attempt pollarding. All workers performing pollarding should have						
attended a course on advanced tree felling.						
MONITORING						
Always have someone watching for dangers who is able to halt work and head off passers-by.						
INFORMATION						

local review, or add extra pages as necessary. SEE ACCOMPANYING SAFETY NOTES

		ACCOMPANYING SAFETY NOTES	
ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
8. USE OF LADDERS	STEPHEN BO	LSOVER	11 <sup>th</sup> May 2016
HAZARD		RISK	PRECAUTIONS
		LEVEL	to remove hazard or reduce risk level. One
potential for harm			precaution may tackle several hazards.
Falls due to ladder set on uneven g	ground or at the	Н	Ladders to be placed on firm level ground at an
wrong angle			angle of about 75° to the horizontal. The stiles
			(ladder sides) must stand firmly on a level support,
			eg. a stout board, if ground is soft or uneven.
			(Reference: Safe Use of Ladders, Step Ladders and Trestles, Guidance GS31, HSE Books 01787
			881165, £2.50).
Falls due to ladder not being secure	ed	Н	Ladders over 5m high must <i>either</i> have the top
			secured to the wall or tree <i>or</i> if this is not possible
			then the base must be secured eg. staked to the
			ground. Shorter ladders should be similarly secured
			at the discretion of the team leader. Alternatively,
			shorter ladders may be secured by a second person
			who "foots" the ladder: this means that the second
			person faces the ladder with a hand on each stile
Comming to also an enotonials un on de	rrm tha laddan	Н	and one foot on bottom rung.
Carrying tools or materials up or do and injuries from these falling	wit the ladder	П	Tools/materials to be hoisted using rope and/or tool belt. Both hands must be free when climbing.
and injuries from these faming			Mark/ cordon off area to stop people approaching
			or post a lookout at ground level to keep other
			workers and members of the public away.
			Minimise and secure tools/materials kept above
			ground level.
Overreaching or unbalanced ladder		Н	Ladder to extend at least 1.05m above the highest
			rung to be stood on unless there is a secure
			handhold to give equivalent support. Place ladder
			facing the work. Do not lean over or load the side of the ladder.
High winds or vehicle impact		Н	Do not use in high winds. Site ladder to avoid
g-:mas or . smele impact		••	vehicle impact and if necessary cordon off.
Defective ladder		Н	Check correct length for the job and all rungs/both
			stiles in sound condition - no splits, damage or
			loose connections - do not use if not. Never let any
			rung take any load except weight of person on
Flastrical shocks contact with assets	and narran lines	Н	ladder, eg. don't use to support a walkboard.
Electrical shock: contact with overh	eau power iiies	п п	Inspect site each time ladder is used to prevent it, person or tools/materials in use from coming close,
			eg. under 3m, to power lines.
Electrical shock from local equipme	ent	Н	Place and use ladders and tools to prevent contact
1.7.	show hom to the equipment		with electrical equipment on site and damage to its
			supply cables.

RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
8. USE OF LADDERS	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

Do not use in high winds. Do not use if not long enough for the job (ladder to extend 1.05m above rung being used). Do not use if unsound. Do not use where there is a possibility of touching power lines. Use wooden ladders for electrical work. Do not lean out from, or side load, the ladder.

# PREVENTATIVE MEASURES

Ladders to be placed on firm level ground at angle of 75° to the horizontal and facing the work. Ladders must be located and protected from vehicle impact. The top of the ladder to be secured if possible and if not practical then the base to be secured. If neither can be done a second person must face the ladder with a hand on each stile and one foot on bottom rung. A ladder must be similarly 'footed' whilst it is being secured at the top. Footing is unsuitable for ladders over 5m. Both hands must be free while climbing. Tools and materials must be hoisted using a rope or in a tool belt. Tools and materials must be secured while up ladders. The area underneath must be either be marked to prevent people approaching, or a lookout must be posted at ground level to keep other workers and members of the public away.

# PERSONAL PROTECTIVE EQUIPMENT

Hard hats for persons up ladder and people on ground to be provided if specified by risk assessment for the specific job. Rope for hauling tools and materials to be provided. Tool belts to be used if necessary.

#### **TRAINING**

Instruction in location, securing and use of ladders satisfied by the compulsory reading of this safety plan.

#### MONITORING

All ladders to be checked before each use and at least annually; they must be removed or repaired if not sound and scrapped if satisfactory repair not possible. Check that ladder rests on the bottom of its stiles and that nothing other than the weight of the person using it is supported by the rungs. Ensure ladder does not contact electrical equipment on site or damage electrical supply cables.

#### **INFORMATION**

Safe Use of Ladders, Step Ladders and Trestles, Guidance GS31, HSE Books 01787 881165, £2.50

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
9. TREE CLIMBING	STEPHEN BOI	SOVER	11 <sup>th</sup> May 2016
HAZARD		RISK	PRECAUTIONS
		LEVEL	to remove hazard or reduce risk level. One
potential for harm			precaution may tackle several hazards.
Person falling		M	Anyone intending to climb a tree should be experienced and confident in their ability to do so. Volunteers or wardens should not climb trees above heights at which a fall could cause significant injury (4m over earth and grass, 1m over hard surfaces).
Electrical shock		Н	Thoroughly inspect site before work starts and do not climb trees in contact with or close (under 3m) to power lines.

**ASSESSOR** 

# ASSESSMENT DATE

# APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
10. USE OF STRIMMERS	STEPHEN BOLSOVER		11 <sup>th</sup> May 2016
HAZARD		RISK	PRECAUTIONS
		LEVEL	to remove hazard or reduce risk level. One precaution
potential for harm			may tackle several hazards.
Operator: Contact with moving part	S	Н	Only competent persons familiar with their operation
			to use these machines. Switch off machine before
			changing, altering or repairing. Stand firmly on both
			feet when operating to avoid falling over.
Operator: Flying debris		M	Always cut from right to left and away from feet.
			Always wear long trousers to protect the legs and
			goggles or a face mask to protect the eyes. Wear a
		_	hard hat as necessary.
Exhaust fumes		L	Never run the machine indoors. Ensure equipment is
LE'		т	in good condition.
Fire		L	Ensure the exhaust muffler is in good condition. Do
			not smoke or use naked flame near equipment. Use a quick release harness. Do not work near to a bonfire.
Skin conditions, cuts, scrapes		L	Use gloves when mixing/filling with petrol/oil and
Skill collutions, cuts, scrapes		L	when cleaning the machine.
Fatigue and vibration		Н	Do not use the machine for extended periods, take
Tangue and violation		11	regular breaks. Adjust harness and handles for
			comfortable use before beginning work. Wear
			clothing that protects from the element and allows
			easy movement but will not obstruct or get entangled.
Noise		L	Ear defenders must be worn at all times. To protect
			others from noise, do not operate if there is anyone
			within a 10M radius of the machine.
Machine hazards: handles, kickback		M	Ensure equipment is in good condition, check nuts/
compression, electric shock, vibrati	on etc.		bolts/screws before use. Strim right to left. Clear
			ground of debris before beginning work. Grip starter
			cord firmly. Do not touch starter plug/power cable.
Chin innitation on 1 444 C 1		т	Wear gloves at all times.
Skin irritation or dermatitis from pla	ant sap	L	Some plant materials, eg. Giant Hogweed, become
			hazardous only in association with the UV of
			sunlight, causing phytophotodermatisis; but others like Euphorbia can be nasty just on their own.
			Therefore, skin/eye contact with sap and other plant
			materials is to be avoided by wearing suitable
			clothing, gloves and goggles. If contact does occur,
			wash off skin and/or irrigate eyes with clean water
			thoroughly: at the site if water is available, otherwise
			emphasize to the worker that this should be done as
			soon as possible on return home.

RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

# APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
10. USE OF STRIMMERS	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

A strimmer is a hand held motor driven device that cuts grass and herbs with a rotating string or hinged plastic blade no larger than a lolly stick. Machines that use a rotating metal blade, or a substantial plastic blade, are brush cutters and are not covered by this risk assessment – see the next one.

Do not repair or alter machine, including replacing the cutting string, with the engine running and never run it indoors or near naked flames/someone smoking. Do not operate a petrol driven machine with a faulty/damaged muffler. Do not work in unsuitable inclement conditions: cold, wet and windy weather, particularly on exposed sites is unpleasant and dangerous so that volunteers will be less careful and have less concentration thus increasing risk of accident under these conditions. The body is more at risk when cold. Very hot, sunny: be aware of sun burn, sunstroke (especially on windy days) and heat exhaustion.

# PREVENTATIVE MEASURES

First aid kits must always be on site and in a location near to and known to everyone. The machine must be used according to the manufacturer's operating instructions.

Loose clothing, eg. flapping sleeves should be avoided. Wear overalls if possible. Use any harness the machine has with it.

# PERSONAL PROTECTIVE EQUIPMENT

Long trousers, ear defenders and goggles or a face mask are required. Use gloves when operating, filling or cleaning the machine.

#### TRAINING

These machines must only be used by people familiar with their safe use, either through reading the manual or after appropriate training has been given either by the hire company or by a qualified person with a comprehensive knowledge of how they work and how to work safely with them. Do not carry out repairs unless you have been properly trained to do so.

# MONITORING

Avoid contact with plant sap/materials and wash off thoroughly if this occurs. Ensure operators take regular breaks.

# **INFORMATION**

Manufacturer's operating instructions.

ACTIVITY ASSESSED	ASSESS	OR		ASSESSMENT DATE
11. USE OF D R TRIMMERS AND OTHER ENCLOSED STRIMMER DEVICES	STEPHE	EN BOLSOVER		25 <sup>th</sup> March 2018
HAZARD		RISK	PREC	CAUTIONS
		LEVEL	to rer	nove hazard or reduce risk level. One precaution may
potential for harm				e several hazards.
Operator: Contact with moving part	s	Н	Only	competent persons familiar with their operation to
Operator: Flying debris		M	five r chang Alwa strim	nese machines. Turn off machine, allow to cool for minutes and disconnect spark plug lead before ging, altering or repairing.  The system of the legs of the legs of the mer unit is enclosed, less debris is thrown up than an open strimmer so wearing goggles or a face mask
			is not	t essential. However consider wearing goggles or a mask to protect the eyes if unusual ground conditions that significant amounts of material are being
Exhaust fumes		L		r run the machine indoors. Ensure equipment is in condition.
Fire			Ensure the exhaust muffler is in good condition. Do not smoke or use naked flame near equipment. Use a quick release harness. Do not work near to a bonfire.	
Skin conditions, cuts, scrapes		L	Use gloves when mixing/filling with petrol/oil and when cleaning the machine.	
Fatigue and vibration		Н	Do not use the machine for extended periods, take regular breaks.	
Noise		L	from	efenders must be worn at all times. To protect others noise, do not operate if there is anyone within a 10M s of the machine.
Machine hazards: handles, kickback compression, electric shock, vibration		M	bolts/ begin starte	re equipment is in good condition, check nuts//screws before use. Clear ground of debris before uning work. Grip starter cord firmly. Do not touch or plug/power cable while machine is running. Wear at all times.
Skin irritation or dermatitis from pla	ant sap	L	Some hazar causican be with weard does water	e plant materials, eg. Giant Hogweed, become dous only in association with the UV of sunlight, ng phytophotodermatisis; but others like Euphorbia e nasty just on their own. Therefore, skin/eye contact sap and other plant materials is to be avoided by ing suitable clothing, gloves and goggles. If contact occur, wash off skin and/or irrigate eyes with clean thoroughly: at the site if water is available, wise emphasize to the worker that this should be
			done	as soon as possible on return home.

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

# APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
11. USE OF D R TRIMMERS AND OTHER	STEPHEN BOLSOVER	14 <sup>th</sup> December 2016
ENCLOSED STRIMMER DEVICES		

The D R Trimmer is a strimmer system (that is, a motor driven device that cuts grass and herbs with a rotating cord) mounted on a wheeled frame that can be easily pushed over the ground. A metal cowl shields the strimmer head and reduces the probability that stones or cut material will be thrown up.

A short manual is kept with the machine and must be fully read before the machine is used. All the procedures and safety protocols described in that manual must be observed by all operators.

# PREVENTATIVE MEASURES

First aid kits must always be on site and in a location near to and known to everyone. The machine must be used according to the manufacturer's operating instructions.

# PERSONAL PROTECTIVE EQUIPMENT

Long trousers, ear defenders and goggles or a face mask are required. Use gloves when operating, filling or cleaning the machine.

# TRAINING

New users will usually be given a brief introduction to the machine by an experienced user, but this is not essential. However the rule that all users must read and understand the short manual must be adhered to.

#### **MONITORING**

Avoid contact with plant sap/materials and wash off thoroughly if this occurs. Ensure operators take regular breaks.

#### **INFORMATION**

The full manual for the D R Trimmer is held in paper form by Steve Bolsover and can also be sent as a PDF to prospective users. A separate manual for the Briggs and Stratton engine on the D R Trimmer is also available.

Risk level: L = Low, M = Medium, H = High

This risk assessment relates only to the *generic* features of a common activity; it does not cover those *specific* to a location or group. It therefore must not be used without completing the local review, making additions as necessary to take account of local circumstances. However, such a local review need not be timeconsuming. Use the box at the bottom to create the local review, or add extra pages as necessary. **SEE ACCOMPANYING SAFETY NOTES** 

ACTIVITY ASSESSED	ASSESS	OR	ASSESSMENT DATE	
12. USE OF BRUSH CUTTERS	STEPHE	N BOLSOVER	20 <sup>th</sup> May 2021	
HAZARD potential for harm	RISK LEVEL	PRECAUTIONS to remove hazard or reduce risk level. One precaution may tackle several hazards.		
Operator: Contact with moving blade	Н	Only trained competent persons to use these machines: see restrictions on next page. Switch off machine before changing, altering or repairing, or before clearing debris from the blade. Stand firmly on both feet when operating to avoid falling over. If you do stumble, fall onto your knees. A natural response is to fall at length with hands outstretched, you must not do this since this brings the hands close to the blades.		
Operator: Flying debris If the blades contact bricks, large stones or masonry there is a small chance either that these items are thrown back towards the operator or that the blade breaks and fragments fly back towards the operator. This is an unlikely event but a potential risk of fatal or serious injury.	Н	Check the ground for bricks, large stones and masonry before beginning work and be alert for these while working; do not allow the blades to touch these items. Always cut from right to left and away from feet. Ensure all machines guards are properly fitted and in good condition. Always wear long trousers, sturdy footwear, mesh mask and hard hat.		
Others: Contact with moving blade or flying debris	Н	If possible place hazard warning signs at all points at which the public could enter the work area. Unless the site is unusually remote and additionally all possible access routes have warning signs, post a lookout able to halt work. Do not operate if there is anybody within a 10m radius of the machine.		
Exhaust fumes Fire	L L	Never run machine indoors. Ensure equipment is in good condition. Ensure exhaust muffler is in good condition. Do not smoke or use naked flame near equipment. Use a quick release harness. Do not work near to a bonfire.		
Skin conditions, cuts, scrapes	L		mixing/filling with petrol/oil and when cleaning	
Fatigue and vibration	Н	Do not use machin harness and handle	ne for extended periods, take regular breaks. Adjust es for comfortable use before beginning work. Wear cts from the element and allows easy movement but r get entangled.	
Noise	L		at the worn at all times. To protect others from noise, mere is anyone within a 10m radius of machine.	
Machine hazards: handles, kickback, compression, electric shock, vibration etc.	M	Ensure equipment is in good condition, check nuts/ bolts/screws before use. Cut right to left. Clear ground of debris before beginning work. Grip starter cord firmly. Do not touch starter plug/power cable. Wear gloves at all times.  Some plant materials, eg. Giant Hogweed, become hazardous only in association with the UV of sunlight, causing phytophotodermatisis; but others like Euphorbia can be nasty just on their own. Therefore, skin/eye contact with sap and other plant materials is to be avoided by wearing suitable clothing, gloves and goggles. If contact does occur, wash off skin and/or irrigate eyes with clean water thoroughly: at the site if water is available, otherwise emphasize to the worker that this should be done as soon as possible on return home.		
Skin irritation or dermatitis from plant sap	L			

RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY
ASSESSOR
ASSESSMENT DATE
APPLICABLE DATES (This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
12. USE OF BRUSH CUTTERS	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

A brush cutter is a motor driven device that cuts not only grass and herbs but also substantial brush and small trees using a rotating metal or plastic blade. Strimmers that use rotating string or hinged plastic blades no larger than a lolly stick are covered by the previous risk assessment.

Not for use by untrained volunteers. Volunteers who are to use a brush cutter are to be trained in its use by an experienced user, which we take to mean someone who has used the machine for at least 4 occasions over a year. At present (September 2013) that means Claire Abbott or Stephen Bolsover. The volunteer must convince the experienced user that they are able to use the machine safely. Notice of this training and informal assessment should be recorded.

Experienced users: Claire Abbott Stephen Bolsover

Nick Smith (volunteer at Roxbourne Park and Rough)

Persons trained: Neville Day 27th November 2013

Simon Braidman 27<sup>th</sup> November 2013 John Winter 27<sup>th</sup> November 2013 Moe Farhand 27<sup>th</sup> November 2013 Maya Dodwell 14<sup>th</sup> May 2014 Roshan Tailor 20<sup>th</sup> May 2021

Do not clean, repair or alter machine, including changing the cutting head, with the engine running. In particular, if the head is clogged with vegetation, the motor must be turned off before manually clearing the vegetation. The motor must not be left idling while the blades are cleared. Never run the machine indoors or near naked flames/someone smoking. Do not operate a petrol driven machine with a faulty/ damaged muffler. Do not use blunt or defective blades. Do not work in unsuitable inclement conditions: cold, wet and windy weather, particularly on exposed sites is unpleasant and dangerous so that volunteers will be less careful and have less concentration thus increasing risk of accident under these conditions. The body is more at risk when cold. Very hot, sunny: be aware of sun burn, sunstroke (especially on windy days) and heat exhaustion.

#### PREVENTATIVE MEASURES

First aid kits must always be on site and in a location near to and known to everyone. The machine must be used according to the manufacturer's operating instructions.

If the machine is the type that can be used for all types of clearing and cutting, make sure it is fitted with the correct head: a) Shrub Blade for brambles and undergrowth; b) Nylon Cord Cutter for trimming grass around obstacles. HNCF personnel will not use brushcutters with saw blades fitted.

Check that all persons and animals are clear of work area. Loose clothing, eg. flapping sleeves should be avoided. Wear overalls if possible. Use any harness the machine has with it. Check the cutting head or blade is tightened properly before use. Check guards are secure and never operate the machine with missing or defective guards. Stand firmly on both feet whilst operating machine and always cut away from your feet. Use a stick to remove grass rather than using the hand.

# PERSONAL PROTECTIVE EQUIPMENT

Face shield, hard hat, stout footwear and ear defenders are required. It is advisable to wear overalls. Use gloves when operating, filling or cleaning machine.

# TRAINING

These machines must only be used after appropriate training has been given either by the hire company or by a qualified person with a comprehensive knowledge of how they work and how to work safely with them. Of the Forum members only Claire Abbott and Steve Bolsover are so trained at present (May 2021). Do not carry out repairs unless you have been properly trained to do so.

#### MONITORING

Nearest point of contact for emergency services must be known and approximate time for services to attend be established: the implications of a long response time must be specifically considered. Avoid contact with plant sap/materials and wash off thoroughly if this occurs. Ensure operators take regular breaks. Check that hazard signs erected/lookout posted to warn public or halt work.

#### **INFORMATION**

Manufacturer's operating instructions. SETT Safety Instructions: ref 11.5 clearing saws, brush cutters and grass strimmers, ref E electrical equipment and tools, ref O petrol and diesel engines.

ACTIVITY ASSESSED	ASSESS	OR	ASSESSMENT DATE	
13. Use of petrol driven hedge trimmers	John Hol Bolsover		29 <sup>th</sup> January 2019	
HAZARD	RISK	PRECAUTIONS		
potential for harm	LEVEL	To remove hazard several hazards.	or reduce risk level. One precaution may tackle	
Operator: Contact with moving blade	Н	Always wear heavy duty work gloves while handling the running machine. Keep hands away from blades; never try to remove clogging vegetation or twigs from the blades while the motor is running, even if the blades are not moving. Switch off machine before clearing such debris or before and other repair or manipulation. Stand firmly on both feet when operating to avoid falling over.		
Operator: Flying debris	M	Always wear sturd gloves.	dy footwear, mesh mask or goggles and heavy duty	
Others: Contact with moving blade or flying debris	Н	Be aware of others approaching. Stop the cutting action if anyone, whether a colleague or a member of the public, approaches within five metres. If there is a risk of the public approaching unknowingly, e.g. young children, post a lookout able to halt work.		
Exhaust fumes	L	Never run machine indoors. Ensure equipment is in good condition.		
Fire	L	Ensure exhaust muffler is in good condition. Do not smoke or use naked flame near equipment. Use a quick release harness. Do not work near to a bonfire.		
Skin conditions, cuts, scrapes	L	Use gloves when mixing/filling with petrol/oil and when cleaning machine.		
Fatigue and vibration	Н	Do not use machine for extended periods, take regular breaks. Adjust harness and handles for comfortable use before beginning work. Wear clothing that protects from the element and allows easy movement but will not obstruct or get entangled.		
Noise	L		st be worn at all times. To protect others from noise, here is anyone within a five metre radius of machine.	
Machine hazards: handles, kickback, compression, electric shock, vibration etc.	M	Ensure equipment use. Cut right to le	is in good condition, check nuts/ bolts/screws before eft. Clear ground of debris before beginning work. irmly. Do not touch starter plug/power cable. Wear	
Skin irritation or dermatitis from plant sap	L	Some plant materiassociation with the others like Euphorskin/eye contact wwearing suitable cwash off skin and site if water is ava	ials, eg. Giant Hogweed, become hazardous only in the UV of sunlight, causing phytophotodermatitis; but arbia can be nasty just on their own. Therefore, with sap and other plant materials is to be avoided by clothing, gloves and goggles. If contact does occur, for irrigate eyes with clean water thoroughly: at the cilable, otherwise emphasize to the worker that this soon as possible on return home.	

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

# ASSESSOR

# ASSESSMENT DATE

# APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE	
13. Use of petrol driven hedge trimmers	John Hollingdale / Stephen Bolsover	29th January 2019	

#### **GENERAL COMMENTS**

A hedge trimmer is a motor driven device that cuts vegetation using a reciprocating action of a series of blades. The design of the cutting bar makes contact with the cutting teeth difficult, nevertheless serious injury, including severing of fingers, is possible if fingers come up against a running cutting bar. This risk is reduced significantly by wearing thick gloves, not only through the inherent protection of the glove material, but also because the gaps through which fingers can get access to the blades are quite narrow.

The HNCF hedge trimmer is powered by a two stroke engine producing damaging levels of noise. Ear protectors must always be worn while the motor is running.

# PREVENTATIVE MEASURES

Always wear ear protectors while the motor is running. Always wear sturdy footwear, mesh mask or goggles and heavy duty gloves.

First aid kits must always be on site and in a location near to and known to everyone. The machine must be used according to the manufacturer's operating instructions.(Read the manual first)

Check that all persons and animals are clear of work area. Loose clothing, e.g. flapping sleeves should be avoided. Wear overalls if possible. Stand firmly on both feet whilst operating machine and always cut away from your body. Always walk forward while the machine is running since stepping backwards can lead to trips.

#### PERSONAL PROTECTIVE EQUIPMENT

Face shield, hard hat, stout footwear and ear protectors are required. Use gloves when operating, filling or cleaning machine.

# MONITORING

Nearest point of contact for emergency services must be known and approximate time for services to attend be established: the implications of a long response time must be specifically considered. Avoid contact with plant sap/materials and wash off thoroughly if this occurs. Ensure operators take regular breaks. Check that hazard signs erected/lookout posted to warn public or halt work.

ACTIVITY ASSESSED	ASSESS	OR	ASSESSMENT DATE	
14. TREE AND OTHER PLANTING	STEPHE	N BOLSOVER	11 <sup>th</sup> May 2016	
HAZARD	RISK	PRECAUTION		
Potential for harm	LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.		
Injury from sharp tools, other tools and materials	L	Ensure that all participants are aware of good practice in safe digging, e.g not to use the instep to depress a spade. This will likely require training on the volunteer's first time with the Forum and regular monitoring at subsequent working parties to ensure that the volunteer continues to follow safe practice.		
Illness from contact with soil	M	Cover any broken skin before work. Promptly wash any cuts received or clean with a wet wipe, then cover with a bandage. If cuts are likely, e.g handling thorn trees, wear gloves. See Generic Risk Assessment General Site Safety, particularly concerning Tetanus. Avoid using hands to move and firm soil, rather, use a spade or a foot.		
Hitting underground services	Н	Wardens should be aware of the location of any underground services on their sites. If any digging or other ground penetration is planned near the services then Harrow Council and the relevant utility companies must be consulted. The meaning of "near" in this context depends on how accurately the position of the utility is known: if its position is known precisely, then any ground more than 20m away can be considered distant. However, if there is a greater degree of uncertainly, then the region considered to be near the utility increases accordingly.		
Poisoning of children	M	Avoid planting poisonous plants where younger children play.		
Injury during staking of trees	L	Explain and advise safe use of tools e.g melt, stob twister, hammer, etc. Any stake/post being driven in should normally be held with a stob. Where this is not practicable, particular care must be taken to avoid blows glancing off/missing the stake and hitting hands or arms and if another person is holding stake they must wear a hard hat.		
Back strain from digging trenches, etc.	M	Minimise digging by individuals, instruct in and ensure safe digging/lifting techniques used. Monitor both the state of individuals digging, e.g rest them if they are rubbing back or pausing to stretch their backs, and the time for which they have been digging.		

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

# APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
14. TREE AND OTHER PLANTING	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

Wardens should be aware of the location of any underground services on their sites. If any digging or other ground penetration is planned near the services then Harrow Council and the relevant utility companies must be consulted. The meaning of "near" in this context depends on how accurately the position of the utility is known: if its position is known precisely, then any ground more than 20m away can be considered distant. However, if there is a greater degree of uncertainly, then the region considered to be near the utility increases accordingly.

Do not plant poisonous species where small children are likely to play.

#### PREVENTATIVE MEASURES

Use proper tool for job. Clean and cover all existing cuts and any received without delay. Wash hands well before eating, drinking or smoking. Strongly urge need for Tetanus jabs. Avoid using hands to move and firm soil, rather, use a spade or a foot. Minimise manual handling by prior planning, sharing of loads, use of vehicles and barrows. Use stob when driving stakes/posts but if this is truly not possible exercise great caution.

# PERSONAL PROTECTIVE EQUIPMENT

Stout good grip footwear is essential. If any materials handles are rough/abrasive/ sharp, gloves are to be worn but not on hands holding tools.

#### **TRAINING**

Ensure that all participants are aware of good practice in safe digging. This will likely require training on the volunteer's first time with the Forum and regular monitoring at subsequent working parties to ensure that the volunteer continues to follow safe practice.

#### **MONITORING**

Inspect site at first to find inherent hazards and keep clear of created hazards thereafter, e.g obstructions, debris, pitfalls. Examine tools for sharpness and good condition before use, rejecting for repair/replacement poor ones. Ask who has had Tetanus jabs in last ten years. Check actual practice when driving stakes etc. Monitor welfare/fatigue of participants. Ask if any have known susceptibility to relevant allergic reactions, e.g asthma and hayfever and monitor conditions and individuals accordingly.

#### **INFORMATION**

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
15. HEDGELAYING	STEPHEN BO	LSOVER	11 <sup>th</sup> May 2016
HAZARD	•	RISK	PRECAUTIONS
		LEVEL	to remove hazard or reduce risk level. One
Potential for harm			precaution may tackle several hazards.
Injury from sharp tools being used others	by yourself or	M	Although safe working distances are difficult to maintain when hedging in a group, the need for this and for people to be aware of who is near them at all times when working must be stressed at the start and monitored by the leader during the work. All tools must be in good condition and used safely. Special attention should be paid to make sure that nobody wears gloves on the hand holding the tool: losing your grip on a billhook for example is dangerous to all nearby.
Injury or disease from hedge or soil	materials	M	Gloves should be worn when holding/handling hedging materials, especially if in, on or soiled with earth, but not to hold a tool. See generic assessment General Safety on Site for Conservation Activities, particularly concerning the need to get and maintain anti-tetanus protection. All personnel should have had a tetanus jab.
Thorn injuries: scratches		L	Gloves to be worn when safe but personnel to be made aware that they will not protect from all wounds and care must be taken.
Thorn injuries: puncture woulns		L	Puncture wounds to the knee can be serious so the ground should be cleared of material before kneeling. If available, protective kneelers should be worn.
Thorn injuries: eye wounds		Н	Personnel should be aware of the danger to the eyes from thorns and twig ends and protective goggles used in areas of high risk.

# RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

#### ASSESSOR

#### ASSESSMENT DATE

# APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
15. HEDGELAYING	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

Don't use tools that are not sharp, if edged, or otherwise not in good condition. Work should not start until first aid kit is readily available and first aid arrangements are known to all present.

# PREVENTATIVE MEASURES

Hand tools must not be held by a gloved hand as the grip is then unreliable. Erect hazard warning/access prohibition signs at approaches to work area, plus cordoning off and posting of lookouts if higher risks present, e.g children in vicinity.

# PERSONAL PROTECTIVE EQUIPMENT

Wear gloves on hands handling materials. Wear protective kneelers if available but always clear ground of materials, including thorns, before kneeling. If there is a likelihood of thorn/twig end injury to eyes, e.g clearing face height dense brash, wear goggles. Hard hats to be worn if cutting material above shoulder height. All to wear sturdy good grip footwear.

#### **TRAINING**

Adequate briefing at start of work on safe and effective use of tools and hedging techniques. All present to be warned of danger of injury from thorns and twigs, of tendonitis from not taking suitable rest breaks and of need to keep a good working distance from others: 11/2 times the combined length of your arm and the tool in use is a good minimum.

# MONITORING

Check that site is kept clear of obstructions and created hazards like tools left on ground. Regularly resharpen blunted edged tools. Ask who has had Tetanus jabs in last ten years and strongly urge these are acquired/kept up to date.

#### INFORMATION

ACTIVITY ASS			Sary. SEE ACCOMPANYI ASSESSOR	ASSESSMENT DATE			
16. FENCING			STEPHEN BOLSOVER	11 <sup>th</sup> May 2016			
HAZARD	RISK	DDEC		11 Way 2010			
Potential for	LEVEL	PRECAUTIONS to remove hazard or reduce risk level. One precaution may tackle several hazards.					
harm	LEVEL	to icii	love nazaru or reduce risk ic	ver. One precaution may tackie several nazards.			
Underground	Н	Wardang should be aware of the location of any underconound complete on their item If					
services:	п		Wardens should be aware of the location of any underground services on their sites. If				
electricity and			any digging or other ground penetration is planned near the services then Harrow  Council and the relevant utility companies must be consulted. The meaning of "near"				
1				curately the position of the utility is known: if its			
gas				any ground more than 20m away can be considered			
				atter degree of uncertainly, then the region considered			
			near the utility increases acc				
Manual	L			site, or as close to site as possible. Use wheelbarrows			
handling				pol bags to carry small tools. Plan in advance any			
Indianing			oidable lifting/carrying of he				
Treated timber,	L			possible. Follow instructions supplied with materials:			
wood				r sawing, the operator to wear gloves and may			
preservative and			, , ,	rby to wear respiratory marks. Do not burn treated			
other hazardous				nber must be treated, follow full COSHH procedures.			
substances			gloves when handling timbe				
Infection and	M		Wear gloves when handling rough or treated timber. All participants should have had				
skin disease			anti-tetanus injections. (A full course lasts ten years. Ask who has not had injections				
		and st	and stress importance of getting these, particularly if the skin is broken or cut.) Treat				
			all cuts etc., immediately with antiseptic and cover adequately.				
Debris hazards	L	Collec	Collect nails, wood chippings, etc., (do not leave any materials or debris lying around				
		which	which could be a danger to humans and livestock). Do not leave holes dug out and not				
		refille	refilled, but cover with a large block of piece of wood.				
Injuries from	L		Use hard hats when using post driver. Post being driven in should normally be held by				
use of tools:				ot practicable, the person holding the post must wear			
mell, post				ald be taken to avoid blows missing or glancing off			
drivers, mallet				hands/arms. Wear goggles when using a mallet and			
and chisel			chisel. Be careful of fingers when using a hammer. Examine all tools before use and if				
			faulty - rough or loose handles etc - reject and mark for repair/disposal. All others who				
				rs by, to be warned of risks, placing hazard signs as			
1 1		neces					
Monkey	L			iners should be close to the wire, all others should			
strainers		stand well clear, e.g. over 3m away. Wire should be stapled before final strain is put on					
		it to prevent it springing free. Persons operating strainers must have received adequate training in their use.					
11 41:	T	ı	_				
Handling materials:	L			owbar, one person holding either end and wearing			
unwinding and		leather gloves. When using stock netting (particularly high tensile), take great care as it					
unwinding and using barbed			can unravel at high speed with enough force to knock people over. Always firmly				
wire, stock			anchor the free ends of unrolled wire, netting or barbed wire. Wear goggles and gloves to work with high tensile wire, rolls of wire and stock netting mesh. Do not hammer				
netting and high				ensile material, due to possible brittleness/breakage.			
tensile netting		Stapic	5 rany in it tastelling ingli to	mono material, and to possible officiess/oreakage.			
considerationing				· · ·			

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
16. FENCING	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

#### RESTRICTIONS

Restrict other people from entering site, displaying hazard/no access signs and having someone acting as lookout. Do not attempt to carry too much at once, use a barrow/other aid/get help to carry large or heavy items.

Wardens should be aware of the location of any underground services on their sites. If any digging or other ground penetration is planned near the services then Harrow Council and the relevant utility companies must be consulted. The meaning of "near" in this context depends on how accurately the position of the utility is known: if its position is known precisely, then any ground more than 20m away can be considered distant. However, if there is a greater degree of uncertainly, then the region considered to be near the utility increases accordingly. Do not allow others to stand near someone using a monkey strainer or wire being strained and don't exert final strain until wire is stapled. Do not use tools found in initial inspection to be faulty. Do not hammer staples fully in if fastening high tensile material, due to possible brittleness/breakage.

#### PREVENTATIVE MEASURES

Wardens should be aware of the location of any underground services on their sites.

Don't leave holes dug out and not refilled or covered. Part staple the fence before straining to catch broken wires. Use high tensile wire only if it is more advantageous than steel.

#### PERSONAL PROTECTIVE EOUIPMENT

All to wear sturdy footwear with good grip, preferably steel toe-capped - latter essential if higher risks like moving heavy items that could strike feet. Gloves to be worn when handling rough or treated timber. Goggles to be worn when using a mallet and chisel. If holding a post to be driven by a post driver a hard hat is required though a stob holder must be used unless truly impracticable.

#### **TRAINING**

All leaders and as many as possible of the other participants should have taken a Fencing course.

#### **MONITORING**

Regularly resharpen edged tools that are blunted. Ask who has had Tetanus jabs in last ten years and strongly urge these are acquired/kept up to date.

#### **INFORMATION**

ACTIVITY ASSESS	SED	ASSESSOR	ASSESSMENT DATE		
17. CONSTRUCTION OF		STEPHEN BOLSOVER	11 <sup>th</sup> May 2016		
FOOTPATH FURNI					
HAZARD	RISK	PRECAUTIONS			
potential for harm	LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.			
Danger to public on	L		rning signs/tape to warn public or prohibit access.		
worksite or footpath		Beware of creating a slipping, flag these as necessary.	tripping hazard through piles of stored stone: sign or		
Manual handling	L		to site, or as close to site as possible. Use		
			terials/tools. Use tool bags to carry small tools. Plan		
		in advance any unavoidable li			
Treated timber,	L		ver possible. Follow instructions supplied with		
wood preservative		materials: this may require, du	uring drilling or sawing, the operator to wear gloves		
and other hazardous			and those nearby to wear respiratory marks. Do not		
substances		burn treated waste but plan sa	fe disposal. If timber must be treated, follow full		
		COSHH procedures. Wear glo	oves when handling timber.		
Infection and skin	M		ough or treated timber. All participants should have		
disease			full course lasts ten years. Ask who has not had		
			ce of getting these, particularly if the skin is broken or		
			liately with antiseptic and cover adequately.		
Debris hazards	L		, etc., (do not leave any materials or debris lying		
			er to humans and livestock). Do not leave holes dug		
			with a large block of piece of wood.		
Underground	Н		he location of any underground services on their sites.		
services: electricity			penetration is planned near the services then Harrow		
and gas			y companies must be consulted. The meaning of		
			on how accurately the position of the utility is		
			n preciseley, then any ground more than 20m away		
			wever, if there is a greater degree of uncertainly, then ar the utility increases accordingly.		
Injury to the public	L		talk of the site's inherent hazards and those created		
or to participants			k continually. Wear gloves to handle materials and		
from site materials			es. Display hazard signs if appropriate. Ensure		
or from the work		materials/waste are stored or disposed of safely, presenting no unseen or			
		unavoidable hazards. Check that site is safe and/or access is restricted before			
		leaving it, even if only tempor	arily.		
Working at height	L	Use hard hats, prevent overcrowding and use scaffolding erected by trained,			
		competent personnel.			
Use of concrete	L	If using wet concrete or dry cement -as for any hazardous substance - full COSHH procedures to be followed.			
Power tools and	L		to be used in this activity include drills and coment		
equipment	L	Power tools/equipment likely to be used in this activity include drills and cement mixers. If electric, they should be on batteries or on a 110 volt transformer, centre-			
equipment			eration unavoidable, an RCD (this is not a fuse but a		
			to earth through your body) must be used. No power		
		tool to be used by those not tr			
DISKS AND DDEC	LITIONS	SPECIFIC TO THE SITE O			

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

#### APPLICABLE DATES

l review, or add extra pages as necessary.				
ACTIVITY ASSESSED	ASSESS	OR	ASSESSMENT DATE	
18. FOOTPATH DRAINAGE		N BOLSOVER	11 <sup>th</sup> May 2016	
HAZARD	RISK	PRECAUTIONS	S	
	LEVEL	to remove hazar	d or reduce risk level. One precaution may tackle	
potential for harm		several hazards.		
Manual handling, lifting and back	L		tools delivered to site, or as close to site as possible.	
strain			ws to transport materials/tools. Use tool bags to carry	
			in advance any unavoidable lifting/carrying of	
			nsider use of machinery. Instruct in safe lifting,	
			g and work techniques using arms/legs not back to	
			't rush and take regular breaks. Monitor activity and	
			ants to prevent individuals being in prolonged single	
Tetanus	M		ng, lifting etc or getting dangerously tired.  y not be very common but can have severe effects, in	
Tetanus	1V1		a. If earth gets into cuts, open wounds or sores tetanus	
			d. All participants should have had anti-tetanus	
			ll course lasts 10 years. Ask if any of the team have	
			ns and stress importance of getting these, particularly	
			ken/cut.). Clean all cuts etc., immediately with clean	
			ripe and cover adequately.	
Leptospirosis	M	This disease may	y not be very common but can have severe effects, in	
			a. If water contaminated with rats or cows urine gets	
			vounds or sores the Weills or Hardjo varieties of	
			n result. All workers in areas likely to be soiled by	
			g. urban stream banks/ farms should avoid water	
			h thoroughly as soon as possible after visiting the	
I In donomous disaministre	Н		not eat, drink or smoke until they have washed.	
Underground services: electricity, gas and water	п		be aware of the location of any underground services any digging or other ground penetration is planned	
gas and water			s then Harrow Council and the relevant utility	
			be consulted. The meaning of "near" in this context	
			accurately the position of the utility is known: if its	
			on preciseley, then any ground more than 20m away	
			ed distant. However, if there is a greater degree of	
			the region considered to be near the utility increases	
		accordingly.		
Harards to and from traffic or	Н	_	and reloading of vehicle so people and materials/tools	
public			referably well clear of passing traffic. If roadside	
			voidable place cones or tape and signs as necessary	
			ect signs warning of work hazards/ preventing access	
			o site. If necessary post a lookout able to halt work if	
			gnored, eg. children nearby. Leave vehicle parked on	
		site able to leave	e quickly in case of emergency.	

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

## APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
19. CLEARANCE OF PONDS, RIVERS AND STREAMS	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016
HAZARD	RISK	PRECAUTIONS
potential for harm	LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.
Tetanus	M	This disease may not be very common but can have severe effects, in rarer cases death. If earth gets into cuts, open wounds or sores tetanus can be contracted. All participants should have had antitetanus injections. (A full course lasts 10 years. Ask if any of the team have not had injections and stress importance of getting these, particularly if the skin is broken/cut.). Clean all cuts etc., immediately with clean water or a wet wipe and cover adequately.  This disease may not be very common but can have severe effects, in rarer cases death. If water contaminated with rats or cows urine gets into cuts, open wounds or sores the Weills or Hardjo varieties of Leptospirosis can result. All workers in areas likely to be soiled by rat/cow urine, eg. urban stream banks/ farms should avoid water contact and wash thoroughly as soon as possible after visiting the site. They must not eat, drink or smoke until they have washed.
Sharp or swinging tools	М	Use with extreme care or not at all as handles are liable to become wet and slippery. Ensure you are standing firmly. Do not wear gloves and keep guards and covers on tools when not in use.
Boats	Н	Only trained persons to be in charge of a boat and only competent swimmers to work from boats. Do not overload boat and work from opposite sides of boat to prevent it tipping over. Carry spare oars, bailer, rope etc. Prevent any larking around in the water or in boats.
Drowning	Н	Always wear lifejackets when working on, in or above water deeper than waist high. For such deep water, work out rescue systems well in advance. Have ropes, poles, lifebelts readily to hand to avoid others having to enter water. Have someone in group with lifeguard training and knowledge of CPR. Assign someone to be out of the water, acting as monitor and able to effect agreed emergency procedures, in case those in water get into difficulties. Swiftly moving deep water - certainly over 1 m and less if other factors raise risks - should not be worked in.
Chest waders	Н	These can be used only in small ponds where the operator remains less than two metres from the bank and only where a companion on the bank remains in close supervision ready to pull the operator out if they stumble.
Thigh waders	Н	Never work alone. Never work in water that is

		nearly at wader height. The operator should <i>either</i> remain less than two metres from the bank with a companion on the bank who remains in close supervision ready to pull the operator out if they stumble <i>or</i> , where two or more operators are in the water without close supervision from the bank, all operators should wear buoyancy aids and ropes, carry a whistle to attract attention, and have spares available. Instruct in removal of waders that become water filled. Don't fasten waders to belt.
Trips, slips and falls	Н	Mud or underwater stones can be extremely slippery and by gripping boots mud can cause slips, so take particular care, do not rush, move carefully. Use safe access points to water, avoid steep banks, tread carefully on gravel banks. Provide grab lines - ropes - and non-slip planks.
Manual handling	L	Wet materials are much heavier than their equivalent dry ones, particularly carpets, mattresses and bin bags of rubbish. Get help if necessary. Instruct on and monitor safe manual handling techniques, using legs and arms not back to lift, pull or push. Use several people and/or machinery like ropes/block and tackle to move heavy or awkward items.
Exposure to harmful substances	L	If in doubt and if possible have water tested before working in it. If hazardous substances are found, a proper COSHH procedure must be followed.
Unseen or submerged hazards	Н	Carry out a survey of the work area. Probe river/pond bed with a pole and mark out soft spots, sudden drops etc. (Do not carry out this survey alone!) Wear suitable footwear, never bare feet, to protect against sharp objects. Use corrugated iron 'duckboards' to prevent sinking into mud. Be aware of other river users. Be aware of strong currents.
Weirs	Н	Weirs have considerable and often unseen risks. Work on or near weirs with volunteers or without a specific risk assessment should not occur.

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

## ASSESSOR

## ASSESSMENT DATE

## APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
19. CLEARANCE OF PONDS, RIVERS AND STREAMS	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

#### RESTRICTIONS

Do not work in unsuitable inclement conditions: cold, wet and windy weather, particularly on exposed sites is unpleasant and dangerous. Volunteers will be less careful and have less concentration thus increasing risk of accident under these conditions. The body is more at risk when cold. Very hot, sunny: be aware of sun burn, sunstroke (especially windy days) and heat exhaustion. Nearest point of contact for emergency services must be known and the approximate time for services to attend established: the implications of a long response time must be specifically considered. Do not work on weirs with volunteers or without a specific risk assessment. Don't wear gloves to hold sharp/swinging tools. Do not allow horseplay in boats or in the water. Do not work in swiftly moving deep water: over 1 m or less if other factors raise risks. No lone working.

#### PREVENTATIVE MEASURES

First aid kits must always be on site and in a location near to and known to everyone. Work in teams or within sight of one another. Work out a rescue plan before starting work (whistles etc). Have emergency equipment close at hand (eg. lifejackets, ropes etc). Wash hands thoroughly after the task and before eating. Move carefully at all times, never run. Do not overfill rubbish bags or over strain yourself moving large or heavy objects. Wear appropriate warm clothing but not too much as becomes a hindrance. If possible, someone should have lifeguard training. Survey work area for unseen/submerged hazards at start, probing with a pole to find soft or deep spots or debris. Don't drink or wash with pond/river water or touch face/mouth with such water. If in doubt of water hazardous substances, have it tested first: if not possible and significant concerns remain don't work there. Plan bankside monitoring and rescue systems in advance.

#### PERSONAL PROTECTIVE EQUIPMENT

Wellington boots or waders are essential, steel toe-capped if handling heavy items: never work barefoot. Suitable clothing against cold/rain needed, eg. waterproofs. Wear lifejackets when working on or in water deeper than waist high.

#### **TRAINING**

A comprehensive safety and techniques talk must be given to all participants before work commences, including safe manual handling methods. Training for those in charge of a boat is essential as is swimming competence for those working from a boat. Include in team someone trained in cardiopulmonary resuscitation and in deeper water with lifeguard training.

#### **MONITORING**

Ask who has had Tetanus jabs in last ten years and strongly urge these are acquired/kept up. Check weather and work conditions and welfare of each individual in team regularly.

#### INFORMATION

BTCV Waterways handbook, BTCV Hand Tools: A guide for safe use and care booklet. HSE Getting to Grips with Manual Handling booklet. Generic risk assessment General Site Safety. If any exposure to hazardous substances is likely, Control of Substances Hazardous to Health. Always offer this Plan and associated RA to participants.

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE	
20. WORK IN GRASSLAND AND HEATHLAND			11 <sup>th</sup> May 2016	
HAZARD		RISK	PRECAUTIONS	
		LEVEL	to remove hazard or reduce risk level. One	
potential for harm			precaution may tackle several hazards.	
Fire		Н	If any form of fire is intended see Generic RA  Fires on Site.	
Uneven ground		L	Inspect site for hazards, pointing out and if necessary marking these. Wear sturdy footwear	
			with a firm grip.	
Operating hand tools		M	Ensure adequate working distances are maintained.	
			All tools must be in good condition and used	
			safely. If necessary place hazard warning signs for	
			the public and/or post a lookout to prevent public	
	1.6 . 1		access.	
Spores from bracken or associat	ed fungi when	M	Bracken spores are toxic. However spore generation by bracken is a rare occurrence – we	
working near or cutting bracken			have never observed this on sites in Harrow. Until	
			further notice we will not carry out any work in or	
			around bracken that is bearing spores. If climate	
			change causes bracken sporing to become more	
			frequent, we may need to revise this rule.	
Inclement weather: sun, cold, wet, l	not	M	Work on heathland/grassland can be exposed and	
			the leader must monitor the conditions. Do not visit	
			site unprepared for possible downpours, great heat/	
			cold or strong sunshine. Avoid exposing skin to even seemingly overcast sun and on bright days use	
			a high factor sunblock. Stop work promptly if	
			people are clearly ill-attired for conditions, in	
			discomfort or the weather is significantly raising	
			the risks from the work.	
Adder bite		M	Adders have not been seen on Harrow Nature	
			Conservation Forum sites for a number of years	
			while adder toxin is less dangerous than that of	
			bees and wasps. Nevertheless, any person bitten by a snake should be accompanied to a hospital	
			emergency room.	
DIGIZO AND DDECALITIONS OF	ECIFIC TO TH	E CITE O		

#### RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

#### APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
20. WORK IN GRASSLAND AND	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016
HEATHLAND		-

#### RESTRICTIONS

Restrict access to work site if heavy felling is being done. No burning if site is dry. Machinery such as brush cutters not to be used by those not trained/competent in its use: also separate specific risk assessment needed if clearing bracken with machinery. Do not visit site unprepared - suitable clothing, shelter, drinking water, etc. - for inclement and exposed conditions.

No work to be carried out in or around bracken that is bearing spores.

#### PREVENTATIVE MEASURES

Keep cut stumps low and flat to prevent tripping and/or causing injury. Remove or otherwise leave safe all waste materials. If necessary place hazard warning signs for the public and/or post a lookout to prevent public access.

#### PERSONAL PROTECTIVE EQUIPMENT

Waterproof clothing for wet weather. Stout footwear with good grip. Gloves for handling cut materials and pulling bracken, also long sleeves/trousers for bracken work. If much disturbance of bracken is likely, wear a fine pore mask.

#### **TRAINING**

Ensure that all participants are aware of good practise in use of hand tools. This will likely require training on the volunteer's first time with the Forum and regular monitoring at subsequent working parties to ensure that the volunteer continues to follow safe practise.

#### **MONITORING**

Inspect all tools before and regularly during work for good condition, not using any failures. Monitor site/weather conditions and welfare of each participant. Maintain safe working distances amongst those at work twice the length of arm plus tool is a good minimum if actively swinging a tool like a grasshook.

#### **INFORMATION**

Hand Tools - a guide to safe use and care, Generic RA General Site Safety.

21. FIRES ON SITE	ACTIVITY ASSESSED	ASSESS	OR	ASSESSMENT DATE
HAZARD	21 FIRES ON SITE	STEPHE	N BOLSOVER	11th May 2016
LEVEL   to remove hazard or reduce risk level. One precaution may tackle several hazards.				
Dunderground services	HAZARD	l		
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Spread of fire through adjacent flammables  L Make sure the area around the fire is clear of flammable material. Never light fires under trees. Have water and/or spades etc at hand in case of spread. One person to be in charge of the fire at all times. Before leaving the site damp the fire down well using hose/buckets unless impracticable, in which case the fire site should be monitored for at least an hour after the fire is ostensibly out to check for reignition.  Spread of fire through the soil  L Do not light fires directly over peat soil. Ensure you burn on a nonorganic surface.  Explosion  M Never use petrol or methylated spirits on a fire and never add an				
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Before leaving the site damp the fire down well using hose/buckets unless impracticable, in which case the fire site should be monitored for at least an hour after the fire is ostensibly out to check for reignition.  Spread of fire through the soil  L Do not light fires directly over peat soil. Ensure you burn on a non-organic surface.  Explosion  M Never use petrol or methylated spirits on a fire and never add an	flammables			
unless impracticable, in which case the fire site should be monitored for at least an hour after the fire is ostensibly out to check for reignition.  Spread of fire through the soil  L Do not light fires directly over peat soil. Ensure you burn on a non-organic surface.  Explosion  M Never use petrol or methylated spirits on a fire and never add an				
for at least an hour after the fire is ostensibly out to check for reignition.  Spread of fire through the soil  L Do not light fires directly over peat soil. Ensure you burn on a non-organic surface.  Explosion  M Never use petrol or methylated spirits on a fire and never add an				
Preignition   Control of the soil   Control of the soil of t				
Spread of fire through the soil  L  Do not light fires directly over peat soil. Ensure you burn on a non- organic surface.  Explosion  M  Never use petrol or methylated spirits on a fire and never add an				our after the fire is ostensibly out to check for
organic surface.  Explosion  M Never use petrol or methylated spirits on a fire and never add an	Samuel of fine that 1- 41 11	т		a dimentily arran most sail En l
Explosion M Never use petrol or methylated spirits on a fire and never add an	Spread of the through the soil	L	_	s directly over peat soil. Ensure you burn on a non-
	Explosion	М		or methylated spirits on a fire and never add an
	Lapiosion	141		
vehicles and any flammable liquid or gas in any form of container at				
least 30m from the fire.				
Injury from hand tools  L Any hand tools used to prepare or tend the fire must be carefully	Injury from hand tools	L		
stored in a clear, obvious location at all times when not in use.				

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

#### APPLICABLE DATES

ACTIVITY ASSESSED	ASSESS	OR	ASSESSMENT DATE	
TICTIVITI TISSESSEE	TIBBLESS			
22. SAFETY WITH WILD	STEPHE	N BOLSOVER	111 <sup>th</sup> May 2016	
ANIMALS AND LIVESTOCK			,	
HAZARD	RISK	PRECAUTIONS		
	LEVEL	to remove hazar	d or reduce risk level. One precaution may tackle	
potential for harm		several hazards.		
Bee and wasp stings	L		ember of work team has allergy to stings. If they do	
			ain the severity of their condition and the procedure	
			f they are stung (e.g., are they carrying an agent to be	
			ase of a sting?) and on the basis of this make a	
I am a firm of the state of the		decisions as to whether they can continue to work.		
Lymes disease from ticks associated with deer	M		n grassland areas where deer are present wear long	
Kicks, bites and butts from	M		g socks. Check exposed skin for ticks. ck on Harrow Nature Conservation Forum sites are	
livestock	IVI		g free on Bentley Priory. Do not feed, or otherwise	
iivestock			ract this livestock to approach the work area.	
Handling injured birds and	L		will defend themselves. Even small birds can draw	
mammals			beaks. Wear gloves and keep animal away from face	
			ularly vulnerable. Do not handle owls, birds or prey	
			properly trained. The talons of owls or birds of prey	
			s injury. Do not handle injured mammals - seek	
			cal Authority animal warden or a vet.	
Adder bite	M		been seen on Harrow Nature Conservation Forum	
			er of years while adder toxin is less dangerous than	
			wasps. Nevertheless, any person bitten by a snake	
		should be accom	npanied to a hospital emergency room.	

RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY Injured animals will defend themselves. Even small birds can draw blood with their beaks. Wear gloves and keep animal away from face - eyes are particularly vulnerable. Do not handle owls, birds or prey or swans unless properly trained. The talons of owls or birds of prey can cause serious injury. Do not handle injured mammals - seek advice from Local Authority animal warden or a vet.

#### **ASSESSOR**

#### ASSESSMENT DATE

#### APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
23. GUIDED WALKS	STEPHEN BOLSOVER	11 <sup>th</sup> May 2016

In a guided walk the HNCF volunteer(s) are acting as guides only. Their responsibility for the safety of the party relates only to the sites visited and the possible dangers posed by them to a normal healthy adult. The visitors who have attended the walk retain the primary responsibility for their own safety and for assessing the terrain and possible dangers. For example, a visitor who is unsteady on their feet should make their own decision as to whether an uneven path is safe for them to walk along. The safely of children remains primarily the responsibility of the parent or other person who brought the child to the event.

All our reserves are small, so that parties can rapidly return to inhabited streets if problems arise.

7 th our reserves are small, so that parties can rapidi	, retain to m	nacica succes ii prociems arise.
HAZARD potential for harm	RISK LEVEL	PRECAUTIONS to remove hazard or reduce risk level. One precaution may tackle several hazards.
Guided walks represent a potential threat to the safety of those taking part. Some walkers may have health conditions or disabilities. Children in the party may behave inappropriately and put themselves and others of the party in danger.	L	The route should be planned in advance and those attending warned if conditions to be encountered differ from those one would normally expect in reserves of our type – for example if a stream has to be forded, deep mud crossed that required footwear more substantial than walking shoes, or bramble thickets penetrated that could scratch unprotected skin.  If the sun is shining and the walk involves significant periods in the open, the guide should suggest to the group that skin is protected by clothing or sun screen. However, this can only be a suggestion – the wellbeing of the visitors remains their own responsibility.

#### RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

#### **ASSESSOR**

#### ASSESSMENT DATE

#### APPLICABLE DATES

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
24. Manning stands at shows	Steve Bolsover		4 <sup>th</sup> August 2021
HAZARD potential for harm		RISK LEVEL	PRECAUTIONS to remove hazard or reduce risk level. One precaution may tackle several hazards.
Volunteers may injure themselves while setting up and dismantling gazebos, folding tables, display boards etc.		L	Volunteers to work together to set up and dismantle all equipment and furniture. Heavy items should be lifted using NHS approved techniques (keep the load close to the waist; don't bend the back while lifting).
Visitors, especially young children stomach bug from handling items collection such as animal skulls.		L	Visitors will be advised to wash their hands after handling collection items.
Visitors, especially children, may reinjuries when creating bug houses, land other items from natural and ho materials as part of our fun activitie	neaddresses usehold	L	Adults will be monitored to make sure they are using tools sensibly. Children will be closely supervised by the exhibitor
Visitors, especially children, may go caught when handling small animal are displaying	traps that we	L	Adults will be monitored to make sure they are handling the traps appropriately. Children will be closely supervised by the exhibitor.
Where live small animals are broug events, they might carry diseases that on through handling or a bite		М	Only pet animals that are known to be free of disease will be brought to public displays.
Where live small animals are brought to display at events, they could cause minor injury through biting their handlers or members of the public		L	Only the designated handler should handle the live small animal. They should wear gloves while doing so.
The large pull-up display can easi over	ly fall or blow	L	If the event is in a fully enclosed space such as a hall then it is safe to use only the feet provided with the display, which must be fully turned to be at 90° to the display body. However when outside, or if in a space that is not fully enclosed or draughty, such as a marquee, the wooden supports must be used. These must be attached to the top of the display with cable ties and secured to the ground with tent pegs.

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

**ASSESSOR** 

ASSESSMENT DATE

## APPLICABLE DATES

ACTIVITY ASSESS	SED	ASSESSOR	ASSESSMENT DATE		
25. Pond dipping with	n children	Steve Bolsover	12 <sup>th</sup> June 2016		
HAZARD	RISK LEVE	PRECAUTIONS	PRECAUTIONS		
			to remove hazard or reduce risk level. One precaution may tackle several		
potential for harm	_	hazards.			
Falling in and	L		event must supervise children closely and prevent		
getting wet and uncomfortable		risky benaviour that m	ght cause them to fall in.		
Drowning	Н		event must supervise children closely and prevent		
		ponds or lakes with de Lake only, which is alr child falls in the persor remaining on the bank	ight cause them to fall in. We will never pond dip in ep water (on our reserves, this excludes Summerhouse eady excluded because of the presence of cows). If a leading the event will if possible pull them out while if this is not possible they will get in the water to aid		
		the child.			
Other diseases	M		be carried out in watercourses we believe to be		
caught from unclean water		clean.			
Leptospirosis	M	with antiseptic hand w must not eat, drink or s This disease may not b cases death. If water co open wounds or sores to	All participants either should wash thoroughly, or wipe hands thoroughly with antiseptic hand wipes, as soon as possible after the pond dipping. They must not eat, drink or smoke until they have done this.  This disease may not be very common but can have severe effects, in rarer cases death. If water contaminated with rats or cows urine gets into cuts, open wounds or sores the Weills or Hardjo varieties of Leptospirosis can		
		result.  Pond dipping should no	ot be carried out in areas with cattle. At present this		
		means Bentley Priory			
		If the presence of rats i	s suspected, pond dipping should not be carried out.		
		dipping if they have of leading the event should	ned that they should not participate in the pond pen wounds or sores on their hands. The person d themselves check children's hands for open revent them from pond dipping if any are found.		
		with antiseptic hand w	All participants either should wash thoroughly, or wipe hands thoroughly with antiseptic hand wipes, as soon as possible after the pond dipping. They must not eat, drink or smoke until they have done this.		

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

#### **ASSESSOR**

### ASSESSMENT DATE

### APPLICABLE DATES

ACTIVITY ASSESSED	ASSESS	OR	ASSESSMENT DATE
26. Use of Wood Farm visitor centre	Stephen 1	Bolsover	14 <sup>th</sup> August 2016
HAZARD		RISK LEVEL	PRECAUTIONS
IIAZAKD		KISK LL VLL	to remove hazard or reduce risk level. One precaution may
potential for harm			tackle several hazards.
Injury or death due to fire		Н	The protocols in the accompanying fire safety notes must be followed.
			The meadow grassland immediately adjacent to the visitor centre should be cut periodically to reduce the risk that grass fires can propagate to the building.
			The fire extinguisher (new in June 2016) should be checked and maintained as per the manufacturer's instructions.
Fingers could be caught in windows	the sash	L	The windows should only be opened and closed by adults.
Fingers or other body parts could be caught in the metal security shutters		L	The manually operated shutters should only be opened and closed by adults.
Visitors, especially children, could be Locked inside the building		L	Care should be taken when closing the electrically operated shutters on the north side of the building (facing the road) to ensure that there is no one leaning against the door or windows or standing with their feet or hand on a sill. The operator should do a visual check that there is no one on the north side of the building before going inside to close the shutters. This can be done conveniently during the process of closing the manually operated shutters. A competent adult could always escape through the inner door or a window. However a child might panic if left behind - and even if they did escape, would then be alone in a novel location.
			All groups using the centre must nominate a competent person to take charge of venue use and to take command in the event of a fire or other emergency. When a group vacates the building, the nominated person must check tha all people have left. This includes checking the toilet/washroom. Only then should the front door be locked.
Emergency vehicles might no building	t find the	M	A laminated notice "What to do in case of fire or emergency" to be fixed to the wall by the entrance door.

## ASSESSOR

## ASSESSMENT DATE

## APPLICABLE DATES

## Wood Farm Visitor Centre, Wood Lane, Stanmore HA7 4LG

## Fire safety notes

The visitor centre is a small three room building comprising two main rooms and a toilet/washroom.

Whenever the centre is occupied, the security shutters on both doors, and on both windows in the toilet/washroom, must be raised. It may often be convenient to leave others down to give a dark space, for example when projecting images, but these four shutters must be raised.

All groups using the centre must nominate a competent person to take charge of venue use and to take command in the event of a fire or other emergency. As there is no telephone in the centre, the nominated person must have a mobile phone if a call to the emergency services is required. The nominated person should make themselves familiar with the location of the exits from the centre, the position of the fire extinguisher, and the position of the main electrical switch on the wall by the main entrance.

The exit doors, including the door in the inner room that is usually kept bolted shut, must be kept clear at all times so that everyone can escape unimpeded in the event of an emergency. The nominated person should make all other users aware of the inner door and that it is closed only by bolts, and point out the sash windows in the toilet/washroom as an alternative exit route.

In the event of fire the nominated person should shout to make everyone in the centre aware. Everyone should leave the building by the nearest available door. Under almost all circumstances the nominated person should be the last to leave the centre. If there is someone in the toilet/washroom the nominated person should bang on the door to alert them. Depending on the severity of the fire (bearing in mind that fires can accelerate rapidly) and the age and competence of the group using the centre, the nominated person may decide to open the toilet/washroom door using the coin kept above the toilet/washroom door and either accompany the other person out through the main visitor centre room, or close the toilet/washroom door behind them and exit through a window.

Only attempt to extinguish the fire using the fire extinguisher provided if is considered safe to do so without taking any personal risks. If electrical equipment (this includes the water heater in the toilet/washroom) is burning the electricity supply to that equipment should be if feasible turned off, either locally by pulling the plug out of the wall, or at the main switch above the door inside the toilet/washroom. In many cases this will stop the fire with no further action being required. If the fire continues to burn, the fire extinguisher can be used.

Unless the fire has been fully extinguished, the nominated person should call the fire service by dialling 999, giving the address as Wood Farm Visitor Centre, Wood Lane, Stanmore HA7 4LG. If possible, a second competent person should be asked to stand by the road at the entrance gate to flag the fire service when they arrive. If it is feasible, this second person should be asked to open the height barrier on the entrance gate to allow the fire engine into the parking lot. However, this is not critical - hoses from a fire engine parked at the roadside could easily reach the visitor centre, so do not waste time looking for keys in an emergency situation. The nominated person should remain with the main group to ensure that none try to re-enter the building.

Any event requiring use of the fire extinguisher or calling of the emergency services should be reported to the volunteer education and outreach warden, Santoshi Padhiar (email tosh@ligphotography.com, phone 07976 304 333).

## Wood Farm Visitor Centre, Wood Lane, Stanmore HA7 4LG

## Other safety notes

All groups using the centre must nominate a competent person to take charge of venue use and to take command in the event of a fire or other emergency. As there is no telephone in the centre, the nominated person must have a mobile phone if a call to the emergency services is required.

When a group vacates the building, the nominated person must check that all people have left. This includes checking the toilet/washroom. Only then should the front door be locked (and the security shutter lowered).

Smoking is not permitted in the visitor centre.

A first aid box is kept in the outer room. This must remain in the visitor centre; working parties or other groups visiting Wood Farm should have their own first aid kit with them. If any item, however minor, in the first aid box is used the volunteer education and outreach warden, Santoshi Padhiar (email tosh@ligphotography.com, phone 07976 304 333) must be informed so that the kit can be topped up again.

In the case of an emergency requiring a call to the emergency services the nominated person should call 999, giving the address as Wood Farm Visitor Centre, Wood Lane, Stanmore HA7 4LG. If possible, a second competent person should be asked to stand by the road at the entrance gate to flag the emergency service when they arrive. The nominated person should remain with the main group.

Steve Bolsover 14th August 2016

ACTIVITY ASSES		a First Aid book, noting time and ASSESSOR			
27. Outdoor workshops for children Caroline Natha		Caroline Nathanson		12 <sup>th</sup> November 2018	
Hazard	Harm	Action to manage	Action to manage Level		
Dog poo, leaf mold and dirt from the ground	Infection	Carry out sweep/check of the edge where we are going to work before hand - remove any dog pooh.  Warn of potential and ask participants to wash hands at the end.  Parents to support children where appropriate  Provide alcohol soap for the end	L	bowl water soap towel	
Items left by adult antisocial behavior - drug use condoms etc	Infection or poisoning	As above	L		
Twigs trees and bushes	Scratches or Poking of eyes	Warn people to take care	M		
Uneven ground, roots, debris or vegetation	Trips, slips and falls Bumps, grazes, bruises Sprains, strains and broken bones	Remind people to take care of themselves and watch where they are going  One first aider present and first aid kit to hand	M		
Safeguarding	Lost children Abuse	Parents are present and responsible  Ask parents to sign a disclaimer.  Organisers are DBS checked  Do not do anything alone with children	L		
In emergency	Death or serious incident	There must be at least two organisers from HNCF present of whom at least two must be first aid trained.	L	One first aider to make area safe; stay with incident and administer First Aid.  Second organizer to ask adult to call 999 and draw the participants to another safe area with the view to sending them homehome	

Hazard	Harm	Action to manage	Level	Notes
Weather	Electrical storm high winds heavy rain Extreme cold	Cancel event	L	
Cold from being damp or low temperature	Cold or in extreme cases hypothermia	In cold weather ensure activities involve a lot of physical activity.  Staff to monitor clients to watch for signs of people struggling with the cold. If appropriate cut the event short.	L	
Injury from tools	Cuts, bash or bruise, break of skin or bones	Tools that can cause injury should be kept in a secure tool box when not being used.  Adult demonstrate how to use the tools - 'tool talk' before any use.  Activity highly supervised by staff	M	

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
28. Litter clearance	Steve Bolsover		24 <sup>th</sup> March 2019
HAZARD	•	RISK	PRECAUTIONS
potential for harm		LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.
Cuts from broken glass, torn cans and other sharp objects		M	Volunteers will wear heavy gardening gloves. Once a piece of litter is recognized as broken glass it will be picked up using a litter picker, not by hand. Broken glass will be placed in a dedicated receptacle such as a bucket or trug for disposal separate from the main pile of collected rubbish. As always at HNCF events, a first aid kit will be present and available.
Infection from natural pathogens such as Clostridium tetani		Н	Volunteers will be asked if their tetanus inoculations are up to date and told not to take part in the activity if they are not. The risk of skin puncture wounds will be reduced by the precautions noted above.
Infection from hypodermic needles		н	Volunteers will be warned that hypodermic needles must be picked up using a litter picker and placed immediately in a sharps bin. The area to be cleared will be assessed by the warden or other volunteer in charge of the working party before the activity and any needles noticed removed; if needles are noticed at that time the safety talk to volunteers before the event will emphasize that needles will be found.

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

ASSESSOR

ASSESSMENT DATE

#### APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
28 Litter clearance	Steve Bolsover	24th March 2019

#### RESTRICTIONS

Only volunteers whose tetanus inoculations are up to date will be allowed to take part in the activity.

#### PREVENTATIVE MEASURES

All volunteers will wear heavy gardening gloves. Litter pickers will be used for broken glass and hypodermic needles. Hypodermic needles will be placed immediately into sharps bins. Broken glass will be placed in a separate receptacle such as a bucket or trug, at the end of the activity the warden or other volunteer in charge of the working party will take this material for independent safe disposal with household rubbish or at the amenity site as appropriate.

## PERSONAL PROTECTIVE EQUIPMENT

All volunteers will wear heavy gardening gloves.

#### TRAINING

Volunteers will be given a safety talk before the activity emphasizing the points as above.

#### **MONITORING**

The notes at risk assessment 3 "Children aged under 16 years at working parties" are particularly pertinent here since children will tend to rush off after obvious rubbish and crawl into areas inaccessible to adults. The warden or other volunteer in charge of the working party must keep an eye on children and their parents and speak to parents if their children are acting dangerously. As noted in risk assessment 3, children under 16 years of age are allowed on working parties only if accompanied by a parent or person acting *in loco parentis*. It must be made clear to the accompanying adult that the children remain their responsibility.

## INFORMATION

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
29. Use of weed slashers	Stephen Bolsover		17 <sup>th</sup> April 2023
HAZARD		RISK	PRECAUTIONS
potential for harm		LEVEL	to remove hazard or reduce risk level. One precaution may tackle several hazards.
Injury from sharp tools during trans work site	port to the	M	The weed slashers will be transported in a wheel barrow, not carried by hand.
Injury to feet and legs from sharp tool during use at the site		М	Volunteers will be advised to wear boots and long trousers. Volunteers will be shown how to safely use the tool, swinging it well forward of the legs, and to work at least two tool distances from the next volunteer.
Injury to other volunteers from a thrown tool		M	Volunteers will be told not to wear gloves while using the weed slashers, putting gloves on as necessary to handle the cut material.
Short term back pain from stooping while using the tool		M	Volunteers will be shown how to use the tool, keeping the back straight and extending the arms as necessary to get the cut at the appropriate height. Volunteers will be told to stop and take a short break every half an hour or whenever they feel an ache in the back.

## RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

#### ASSESSOR

#### ASSESSMENT DATE

#### APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
29. Use of weed slashers	Stephen Bolsover	17 <sup>th</sup> April 2023

#### RESTRICTIONS

Users will be instructed in the safe use of the tools. In particular, as with all bladed tools, users must not wear gloves while using the tool since gloves reduce adhesion, increasing the risk that a swung tool could fly off and hit a bystander.

#### PREVENTATIVE MEASURES

Users will be advised to wear boots and long trousers.

Users will be shown how to safely use the tool, swinging it well forward of the legs, working at least two tool distances from the next volunteer, keeping the back straight and extending the arms as necessary to get the cut at the appropriate height. They will be told to stop and take a short break every half an hour or whenever they feel an ache in the back.

#### PERSONAL PROTECTIVE EQUIPMENT

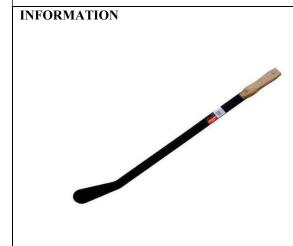
Users will be advised to wear boots and long trousers.

#### TRAINING

Users will be shown how to use the tools safely before beginning work. They will be shown how to safely use the tool, swinging it well forward of the legs, working at least two tool distances from the next volunteer, keeping the back straight and extending the arms as necessary to get the cut at the appropriate height. They will be told to stop and take a short break every half an hour or whenever they feel an ache in the back.

#### **MONITORING**

Supervisors will keep an eye on volunteer workers and intervene if the tools are not being used appropriately and safely.



Weed slashers are L-shaped tools with a wooden handle and sharpened bottom section. They cannot cut tough material but are excellent for quickly cutting soft plants such as bracken or Japanese knotweed.

Risk level: L = Low, M = Medium, H = High

ACTIVITY ASSESSED	ASSESSOR		ASSESSMENT DATE
30. Removing saplings with tree poppers and garden forks	Steve Bolsover		3 <sup>rd</sup> July 2023
HAZARD potential for harm		RISK LEVEL	PRECAUTIONS to remove hazard or reduce risk level. One precaution may tackle several hazards.
The tree poppers are very heavy a back strain if carried long distances		L	The tools will be carried to the work site in a wheelbarrow
Digging out saplings usually requires bending and physical force and could cause back strain		M	The tree popper tools allow saplings to be uprooted with no bending of the back. Only in the rare instance where the tree popper does not successfully uproot the sapling will we use a garden fork.
Garden forks can spear a foot if used carelessly		L	Garden forks will only be used in the rare instance where the tree popper does not successfully uproot the sapling. Volunteers will be instructed in the safe use of garden forks. Forks will only be used by volunteers who are wearing heavy boots.

#### RISKS AND PRECAUTIONS SPECIFIC TO THE SITE OR DAY

**ASSESSOR** 

ASSESSMENT DATE

### APPLICABLE DATES

(This is likely either to be one specific day, or "until further notice".)

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE			
30. Removing saplings with tree poppers and garden forks	Steve Bolsover	3 <sup>rd</sup> July 2023			
RESTRICTIONS					
PREVENTATIVE MEASURES					
PERSONAL PROTECTIVE EQUIPMENT					
Volunteers will wear thick gardening gloves while using the tree poppers and garden forks					
TRAINING					
Volunteers will be instructed in safe use of the tree poppers and forks before work commences.					
MONITORING					
Harrow Nature Conservation Forum personnel will monitor the work at all times and intervene if appropriate					
INFORMATION					

Risk level: L = Low, M = Medium, H = High

ACTIVITY ASSESSED	ASSESSOR	ASSESSMENT DATE
31. Riverfly Monitoring	Stephen Bolsover	24 <sup>th</sup> November 2023

#### RESTRICTIONS

All riverfly monitoring sessions should be attended by at least one person who has been formally trained by a Riverfly Partnership qualified trainer in the technique and the safety protocols to be followed. It will normally be the trained people who enter the stream and carry out the sampling; if this is delegated to an untrained person then the trained people should supervise carefully to ensure appropriate protocols are followed.

#### PREVENTATIVE MEASURES

Volunteers should be familiar with and follow the safety protocols of the Riverfly Partnership. During training volunteers are given five safety documents. Copies of these documents follow this page.

#### **Generic Risk Assessment**

Volunteers should be familiar with this document, review the hazards and control measures regularly, and follow the protocols in the document when carrying out riverfly monitoring.

#### **Dynamic Risk Assessment**

Volunteers should carry this document (provided during training as a laminated card) with them to the monitoring point and apply the assessment before beginning to sample.

#### Weil's disease

All streams in Harrow support significant rat populations. Volunteers should be aware of the danger and have the Riverfly Partnership document available to hand to medical personnel in case of illness.

#### Lyme disease

We are not aware of any people, volunteers or members of the public, suffering tick bites when on sites in Harrow. Nevertheless volunteers should be aware of the possibility of tick bites and subsequent Lyme disease. Volunteers should have the Riverfly Partnership document available to hand to medical personnel in case of illness.

## Needlestick or other contamination injury from clinical waste

Volunteers should follow the protocol on the sharps advice card.

#### PERSONAL PROTECTIVE EQUIPMENT

See Riverfly Partnership Generic Risk Assessment

#### TRAINING

All riverfly monitoring sessions should be attended by at least one person who has been formally trained by a Riverfly Partnership qualified trainer in the technique and the safety protocols to be followed.

#### **MONITORING**

Any injury during riverfly monitoring (or any other activity carried out during a Harrow Nature Conservation Forum activity) that falls into one or more of the following categories should be reported to the Forum by phone at 020 8933 2823 / 0779 483 7302 or by email at <a href="mailto:admin@harrowncf.org">admin@harrowncf.org</a>:

- A serious cut or scrape that requires more than an adhesive plaster, irrespective of how clean the wound is.
- Any cut or scrape, however small, that comes into contact with stream water.
- Any cut or scrape, however small, caused by a hypodermic needle, clinical waste, or waste contaminated with human waste.

#### INFORMATION

Currently the Riverfly Partnership safety protocols are published at <a href="https://drive.google.com/drive/folders/10KAxjBlgQ-XWQs1bOjhnSWW42rHNPCV6">https://drive.google.com/drive/folders/10KAxjBlgQ-XWQs1bOjhnSWW42rHNPCV6</a>



# **Generic Risk Assessment**

For further information on The Riverfly Partnership visit www.riverflies.org

HAZARD	RISK	CONTROL MEASURES	
PERSON	<ul> <li>Lack of individual capability</li> <li>Poor fitness</li> <li>Pre-existing injuries</li> </ul>	<ul> <li>High degree of personal responsibility</li> <li>Pre-existing injuries can be exacerbated by the activity. Effects can be felt post activity. It is important to seek quick advice / treatment. Delay can significantly hinder recovery</li> </ul>	
MUSCULAR SKELETAL DISORDER	<ul><li>Repetitive kick sampling</li><li>Manual handling / lifting</li><li>Posture</li></ul>	Awareness of posture, correct lifting techniques and back care	
BITES / STINGS / IRRITANTS	Bites / stings / irritants from nature	• Awareness	
SKIN IRRITATION	Spills of alcohol / ethanol in preserving specimens	<ul> <li>Wear gloves at all times when handling these fluids</li> <li>Adhere to COSHH regulations</li> <li>Container for sharps</li> </ul>	
Infection Leptospirosis (Weil's disease) Lyme disease Hepatitis A or B Needlestick injuries Blue – green algae	<ul> <li>Via open wounds</li> <li>Contact with water contaminated with urine from infected rats. Infection can enter the body through cuts and scratches or lining of the mouth, throat or via the eyes</li> <li>Bite/s</li> </ul>	<ul> <li>Wear protective clothing and gloves / long armed gloves</li> <li>Cover all cuts and broken skin with waterproof plasters</li> <li>Wash hands before and after contact with water and prior to eating, drinking, smoking</li> <li>Examine for bites and ticks</li> <li>Carry associated cards and follow up any symptoms with a medical practitioner</li> </ul>	
SLIPS, TRIPS AND FALLS	General access and access and egress to and from watercourse	• Awareness	

HAZARD	RISK	CONTROL MEASURES
WEATHER	• Heat, sun, wet, cold	<ul> <li>Awareness</li> <li>Correct clothing and spare set</li> <li>Sun cream SPF 15+, drink (warm or cold)</li> <li>Check weather forecast, remember some rivers can be flashy and rise very quickly</li> </ul>
TRAFFIC	Vehicular movements	• Awareness
AGRICULTURAL PRACTICES	<ul> <li>Disturbance to livestock</li> <li>Injury from livestock</li> <li>Fencing e.g. electric, barbed wire</li> </ul>	<ul><li>Awareness</li><li>Permission for access</li><li>Follow The Countryside Code</li></ul>
WATER SAFETY ISSUES  Immersion / drowning Sudden immersion / shock Foot entrapment Hypothermia Cuts / puncture wounds	<ul> <li>Depth, flow, uneven river bed</li> <li>Silt and mud / marshy ground; weed growth</li> <li>Impact from floating debris</li> <li>Unexpected sudden increases in flow – up stream rainfall or dam releases</li> <li>Turbid water, unseen bed conditions, needle sticks / broken glass</li> </ul>	<ul> <li>Awareness, lifejacket, clothing, boots with mid-sole protection</li> <li>Check the water depth and bed stability with a staff or pole</li> <li>Work with another person nearby</li> <li>Beware of dynamic water depth and that water levels can rise quickly. Check forecast prior to field work</li> <li>Never enter a river in spate</li> </ul>
PUBLIC	<ul><li>Other activities</li><li>Threatening behaviours</li></ul>	<ul> <li>Awareness and communication</li> <li>Awareness; leave the site for personal safety</li> </ul>
RISKS TO THE ENVIRONMENT	<ul> <li>Disturbance of silt and mud (downstream pollution)</li> <li>Spread of infection to / from other water courses</li> <li>Spread of alien / invasive species to / from other sites</li> <li>Distress to fish and other wildlife e.g. disturbance of fish spawning sites and nesting birds</li> </ul>	<ul> <li>Awareness and knowledge</li> <li>Disinfection</li> <li>Follow Government guidelines</li> </ul>

## 65



### **Dynamic Risk Assessment**



This is an aide memoire prior to commencement of your activity and also during the activity. It helps you to be sure that all relevant precautions are taken to ensure your health and safety and that of others.

Ask the question. If the answer is green - Go, if the answer is red - Stop

ASK	ane question. If the unswer is green do, if the unswer is rea	Stop	
GEN	IERAL		
1)	Do you have a copy of the Generic Risk Assessment?	YES	NO
2)	2) Have I applied all of the control measures?		NO
3)	Have I checked the need for any additional measures and applied if necessary?	YES	NO
PER	SONNEL		
4)	Am I trained for this activity?	YES	NO
5)	If I am lone working, does someone know where I am?	YES	NO
6)	Do I feel safe working at this site?	YES	NO
7)	Am I fit to do this work?	YES	NO
EQL	IIPMENT		
8)	Do I have the correct equipment?	YES	NO
9)	Is the equipment free from defects?	YES	NO
10)	Have I got the correct safety equipment?	YES	NO
11)	Is the safety equipment free from defects?	YES	NO
12)	In situations that require it, am I wearing a lifejacket? See overleaf	YES	NO
SIT	E		
13)	Are adverse weather, ground or river conditions increasing the risk to an unacceptable level?	YES	NO
14)	Are there any other activities taking place which may increase the risk to an unacceptable level?	YES	NO
15)	Are the river banks and bed a safe working environment?	YES	NO
OTH	IER		
16)	Do I have any other concerns about the work I am about to undertake?	YES	NO
17)	Is it safe to continue?	YES	NO



#### Life Jacket Usage

## When to wear a lifejacket

Life jackets must be worn either:



When water is greater than knee depth

or



Where there is a reasonably foreseeable risk of immersion or drowning

Continued care and maintenance of your life jacket is vital to maintain integrity and ensure correct operation.

Follow the life jacket manufacturer instructions regarding:

- Pre-use checks
- Regular inspections
- Servicing

For further information on The Riverfly Partnership visit www.riverflies.org



#### **LEPTOSPIROSIS**

(WEIL'S DISEASE)

Instructions to persons involved in fieldwork with the potential for contact with water or locations frequented by rats.

## THIS CARD IS FOR YOUR PROTECTION

Whenever you go to your doctor or to a Hospital on account of illness show this card and make sure that those attending you know of your fieldwork activity.

# 68 INSTRUCTIONS TO CARD HOLDERS

- As infection may enter through breaks in the skin ensure that any cut, scratch or abrasion is thoroughly cleansed and covered with a waterproof plaster.
- Avoid rubbing your eyes, nose and mouth during work.
- Clean protective clothing, footwear and equipment etc after use.
- 4. After work and particularly before taking food or drink wash hands thoroughly.
- Report all accidents and/or injuries however slight.
- 6. Keep this card with you at all times.

#### MEDICAL INFORMATION

The holder of this card is engaged on fieldwork which may bring them into contact with water or materials which may be contaminated with Leptospira.

None of the symptoms of early Leptospirosis or Weil's Disease are pathognomonic and diagnosis is based on laboratory investigations. Should you suspect the holder may have been infected please arrange for the appropriate tests. The infection may resemble influenza in the early stages.



#### LYME DISEASE

Instructions to persons involved in fieldwork with the potential for contact with ticks. Care must be taken in areas such as heath, moorland or woodland, or with contact with pets

## THIS CARD IS FOR YOUR PROTECTION

Whenever you go to your doctor or to a hospital on account of illness show this card and make sure that those attending you know of your fieldwork.

# 70 INSTRUCTIONS TO CARD HOLDERS

- Infection is caused by a bite from an infected tick.
- Tick size varies from 1mm to 10mm. They may crawl on clothing for some time before making contact with skin.
- Make regular checks of clothing and skin as removal within 24 hours may reduce risk of infection.
- Light coloured clothes will help ticks to be seen. Wear long sleeves, and trousers tucked into boots.
- 5. Remove with tweezers using anti-clockwise upwards force.
- 6. Report all incidents of tick bites.

#### MEDICAL INFORMATION

The card holder is engaged in fieldwork that may bring them into contact with ticks infected with the bacterium *Borrelia burgdorferi*. Should you suspect infection, please arrange for appropriate tests, as Lyme disease may not show up for several months. Early symptoms may include a rash with a clear margin, expanding to leave a clear centre, or influenza like symptoms.



#### WHAT TO DO IN THE EVENT OF A NEEDLESTICK OR OTHER CONTAMINATION INJURY FROM CLINICAL WASTE

Instructions to persons whose activity may bring them into contact with used needles, discarded medical instruments or other items which may be contaminated with blood and body fluids.

If you receive a needlestick injury or sharps injury from needles or clinical waste, you are strongly advised to do the following:

- Encourage the wound to bleed by gently squeezing.
   Do not suck the wound.
- 2. Wash thoroughly under running water.
- 3. Cover with a waterproof dressing.
- 4. Seek medical attention within four hours at an accident and emergency department. This bears no relation to the incubation period of the disease but should be a reasonable period of time in which to act in all working situations. (If it is possible and safe to do so take the cause of your injury with you).
  - 5. Record and report the accident in the normal way.



#### PROTECT YOURSELF FROM THE RISK OF INFECTION FROM WORK ACTIVITIES

The following standards of hygiene and safe working practices should be followed in all activity where there is a possibility of exposure to infectious diseases.

- Wear the correct protective clothing, ensuring that it is in good repair and kept clean.
- Wear the correct gloves, ensuring that they are in good repair, and replace them immediately if damaged.
- Cover all cuts, scratches, burns or other broken skin with a waterproof dressing.
- Do not eat, drink or smoke without removing soiled clothing and washing your hands.
- 5. Do not bite fingers or fingernails.
- Ensure, where possible, you are protected with the appropriate vaccinations where there is a significant risk of exposure to infectious diseases.